

WHITECAP BOOKS

Spring 2017



ON THE ROAD WITH THE COOKING LADIES

LET'S GET GRILLING

by Phyllis Hinz and Lamont Mackay



Two university friends who embarked on a lifelong journey of food and exploration, Phyllis Hinz and Lamont Mackay have for years travelled the highways and low roads of Canada and America, covering over 300,000 kilometres in their 40-foot motor home while sampling, learning and sharing the best of North American cuisine and culture. Together they have been restaurant owners, food columnists, caterers, TV personalities, event speakers and recipe consultants, but to the world at large they are best described simply as “the Cooking Ladies”!

Let's Get Grilling is the newest adventure by Phyllis and Lamont, a collection of grilling recipes and travel anecdotes spanning Halifax to San Diego. Having surveyed a wide world of grilling ideas, the Cooking Ladies encourage readers to traverse new horizons with recipes for Peachy Country-Style Pork Ribs, Chicken Breasts with North Alabama White BBQ Sauce and West Coast Cedar Plank Salmon. Presented alongside fascinating food histories and an inspiring narrative of life on the road, *Let's Get Grilling* is a go-to guide for getting the best from your grill. So catch a ride with the Cooking Ladies and *Let's Get Grilling!*



EXCERPT A food truck festival is like a buffet. We are pulled in every direction by the graphics on the trucks and the aromas in the air. The longest lines indicate the best food. We have to plan our strategy. We go our separate ways to meet up later and examine each other's choices. Sometimes we share. The names of the trucks are enough to make anyone hungry. Brazen Sandwich. Make Me Melt. Thai-U-Up. Pig Rig. Knockout Taco. Shrimp Shack. Cupcake Frolic.

Our food truck experiences, in the past, have been serendipitous. Now, by checking Facebook and Twitter, we can track the whereabouts of these gourmet street vendors at any given moment, no matter what city in North America we happen to be visiting.

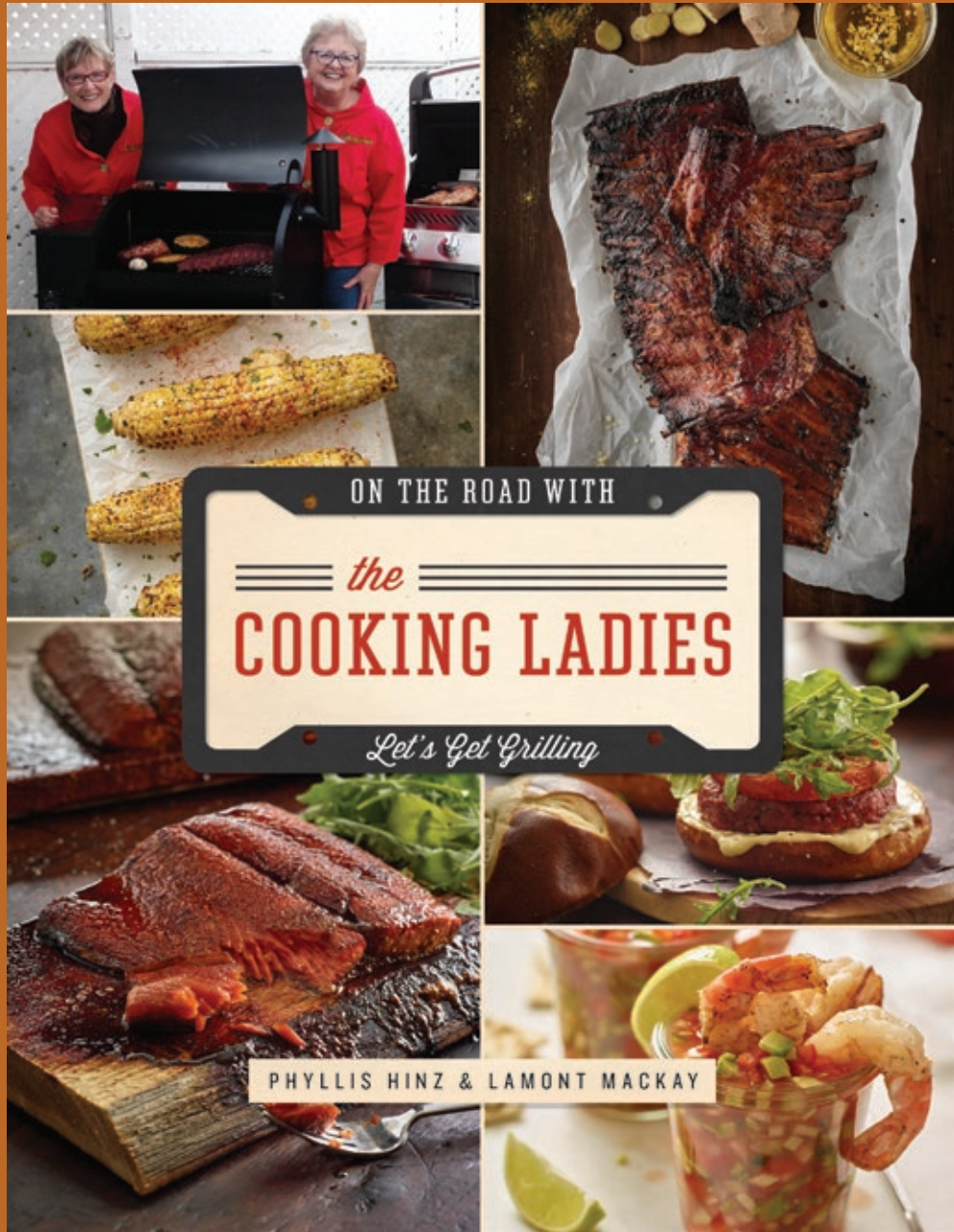


FEATURES / WHY BUY

- The Cooking Ladies offer a unique take on the grilling genre that expands its demographic.
- A fusion of cookbook and travel guide that appeals to audiences of both and features an engaging narrative with fascinating historical/geographic tidbits.
- The Cooking Ladies brand is fun and inspiring, and broadened by a wide-ranging social media presence.

The Cooking Ladies are **Phyllis Hinz** and **Lamont Mackay**, two friends who traded their careers as restaurateurs and caterers for the freedom and spontaneity of a life on the road. They have worked as food columnists, travel writers, event speakers, restaurant consultants, official Home Hardware Kitchen Experts and for the past 14 years have written a regular column for *RV Lifestyle Magazine*. When they are not travelling, they are at their test kitchen on the north shore of Lake Erie.





ON THE ROAD WITH
the
COOKING LADIES
Let's Get Grilling

PHYLLIS HINZ & LAMONT MACKAY

Hit the road and heat your grill!

ISBN 978-1-77050-297-0
 8.5" x 11"
 softcover with flaps
 224 pages; \$29.95
 112 photographs; colour throughout
 rights: world
 Available in Canada May 2017
 Available in U.S. June 2017
 whitecap | www.whitecap.ca

Canadian Distribution
 FITZHENRY & WHITESIDE
 905-477-9700
 1-800-387-9776
 godwit@fitzhenry.ca
 U.S. Distribution
 MIDPOINT TRADE BOOKS
 Antonio Lorenzo
 212-727-0190
 antonio@midpointtrade.com

MARKETING
 PUBLICITY
 Canada and US print and radio
 media campaign, cooking demos,
 live TV interviews in Vancouver and
 Victoria
 WEB MARKETING
 www.thecookingladies.com,
 Facebook, Twitter, Pinterest, Blogger
 media campaign

HONEST TO GOODNESS

by Christine Tizzard



Chef and TV Host Christine Tizzard knows that for all the things you can't control in this world, what you put on the table is entirely up to you. In *Honest to Goodness* she showcases years of experience preparing food in front of and behind a camera, sharing over 100 nutritious, stress-free and flavourful recipes that will have your family savouring every bite.

It can be hard to keep up with food trends, and *Honest to Goodness* surveys the endless fads and fixations to discover what's best for you and your family. With an emphasis on raw ingredients and whole foods, Christine shows you how to prepare accessible meals from scratch, utilizing the healthiest and most beneficial properties of everything you touch without skimping on taste or getting lost in culinary crazes.

Learn everyday staples like Homemade Hot Sauce or Gluten-Free All Purpose Flour, then add them to breakfasts, lunches and dinners that are quick to prepare and delicious to eat. Enjoy preparing foods that serve everyday needs without feeling ordinary, like Spatchcock Piri Piri Chicken or Sweet and Spicy Spaghetti Squash with Sorgum. Sample enough bake sale recipes to get you through the year—from Zucchini Oatmeal Chocolate Chip Cookies to Oh My Gluten-Free Brownies—and let Christine shows you how to prepare packed lunches your kids will want to show off: Kid-Friendly Quinoa Tabouli, Black Forest Grilled Cheese in a Bagel—even sushi.

Without the right motivation, cooking can become a chore. *Honest to Goodness* brings creativity back to the kitchen and ensures a meal you can delight in—whatever side of plate you're on.

EXCERPT Most the time when we cook at home it feels like a chore, but food should be fun. I see more and more people getting absorbed in food trends and niche diets and struggling to keep up. But trends don't last, and I want to instil a positive and encouraging approach to food—all people need are practical, easy and accessible recipes made with humble, nutrient-dense ingredients. I want you to be able to sit down and eat, whether it's by yourself, or around a table full of kids and chatter. This is where memories are made!

FEATURES / WHY BUY

- Christine has a recognizable brand across numerous platforms on television and social media, including a popular YouTube channel.
- A vibrant cookbook that is very informed on food trends and dietary restrictions.
- Public appearances and extensive promotion will make this one of the most buzzed about cookbooks of the season.

Christine Tizzard is a Newfoundland native and mother of two who has been passionate about food, film, fashion and television for as long as she can remember. A model and actor from a young age, her obsession with food and healthy eating eventually led her to the Chef training program at George Brown College in Toronto. Since then, she has made regular guest chef appearances on daytime TV shows like Rogers' Cityline, CTV's Marilyn Dennis, CBC's Steven and Chris and was thrilled to join CBC Television and Canada's most popular daily food show, BEST RECIPES EVER. She has been a spokesperson and brand ambassador for Philips, Dairy Farmers of Ontario and Bonne Maman (to name a few) and worked as a food stylist, food writer and recipe developer, as well as a culinary producer for shows such as Masterchef Canada and W Networks Pressure Cooker. *Honest to Goodness* is her first cookbook.



Experience the goodness of cooking at home

ISBN 978-1-77050-302-1

8" x 10"

Paperback

230 pages; \$29.95

161 recipes; 30 photographs

colour throughout; rights: world

Available in Canada March 2017

Available in U.S. April 2017

whitecap | www.whitecap.ca

Canadian Distribution

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

212-727-0190

antonio@midpointtrade.com

MARKETING

PUBLICITY

Canada and US print and radio
media campaign, cooking demos,
live TV interviews in Vancouver and
Victoria

WEB MARKETING

facebook, twitter, pinterest,
blogger media campaign

9000 YEARS OF WINE

A WORLD HISTORY

by Rod Phillips



Wine has a deeper history than that of any mere beverage. Present at the earliest recorded points of human history, it has been present at the heights of sophistication and the depths of debauchery, an integral part of religious ritual and a free-flowing social lubricant.

This new edition explores the tourism and terroir-driven global industry of today while reaching as far back as Ancient Greece and Rome. On the way it stops at significant points in wine history including the birth of Champagne, Venice in the 17th century, trade in the Middle Ages and more. Celebratory and thorough, *9000 Years of Wine* never lets the scale of history—wars, fraud, blight, colonization, Prohibition—get in the way of a good story or notable bottle.

EXCERPT Clearly, the journey that wine made from the vine to the glass (or the *kylix* or the mug or whatever was used to drink from) has always been one in which humans and the environment have collaborated, and part of the history of wine is the story of that relationship. Yet if winemakers like to think of their wine as representing the harmony of their skills with the best fruits of nature, they are expressing the optimism that is probably necessary for their trade, for vine-growers and wine-makers have battled nature—in the form of freezing winters, torrid summers, frosts, hail, volcanoes, floods, droughts, pests, and diseases—as much as they have fought the economic and other obstacles that humans put in their way.

FEATURES / WHY BUY

- Rod Phillips is a respected voice in wine writing, with four books under his belt and frequent contributions to magazines such as *The World of Fine Wine* and *NUVO*.
- Wine is ubiquitous in human history. This book blends social commentary and primary sources with larger historical trends for a read that entertains as well as informs.

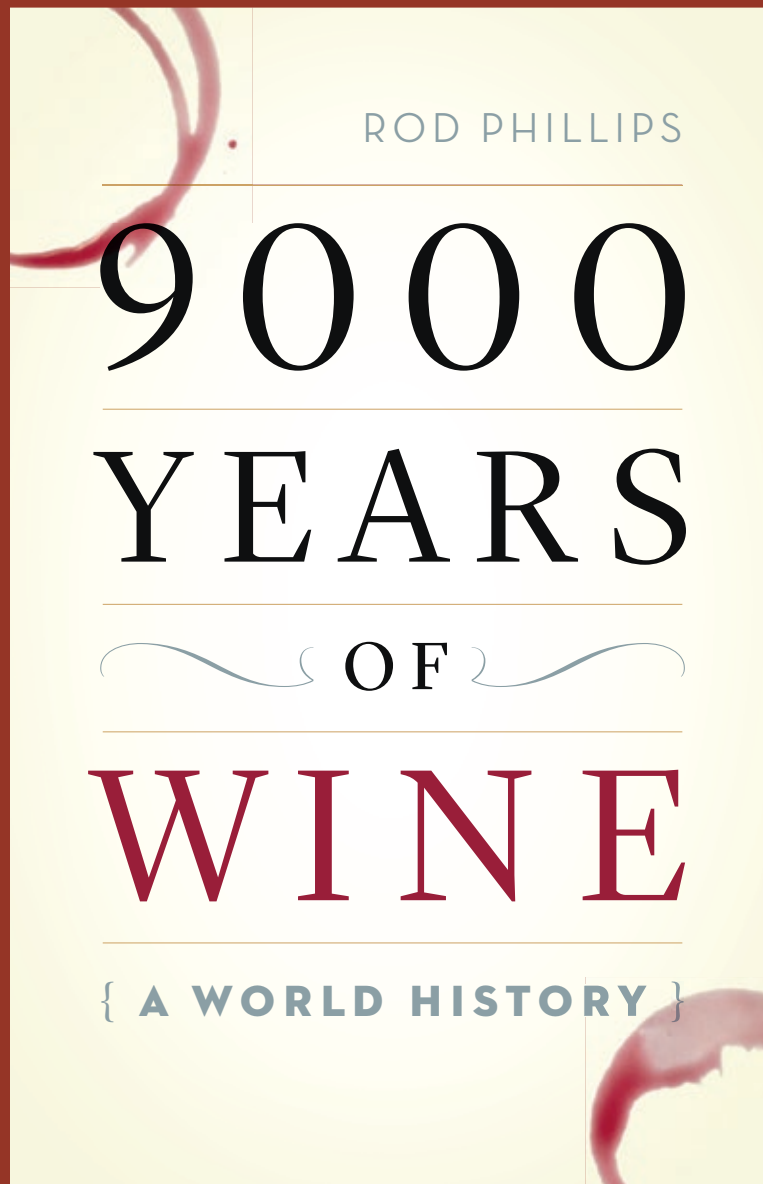
Rod Phillips is the wine columnist for the *Ottawa Citizen*, author of four books about wine including *Ontario Wine Country* and seven editions of *The 500 Best-Value Wines of the LCBO* and a contributor to magazines such as *The World of Fine Wine*, *Vines*, *NUVO*, *Wine Access* and *Wine Spectator*. Rod is known for his in-depth knowledge and understanding of wine. He is a frequent judge at wine competitions throughout Canada and Europe and a professor of history at Carleton University.

Contents

List of Maps vi
Acknowledgements vii
Notes on Usage ix
Introduction 1

- {1} On the Trail of the Earliest Wines 11
- {2} Democratic Drinking 000
- {3} Were The Dark Ages The Dry Ages? 000
- {4} Wine Resurgent 000
- {5} New Wines, New Skills 000
- {6} Wine in New Worlds 000
- {7} Wine, Enlightenment and Revolution 000
- {8} Towards an Age of Promise 000
- {9} A Time of Troubles 000
- {10} Into the Light 000

APPENDICES
Historical Measures of Wine 000
Select Bibliography 000
Notes 000



Trace the history of a beverage as old as humankind

ISBN 978-1-77050-240-6

5.5" x 8.5"

paperback

370 pages; \$19.95

photographs

black & white; rights: world

Available in Canada March 2017

Available in U.S. April 2017

whitecap | www.whitecap.ca

Canadian Distribution

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

212-727-0190

antonio@midpointtrade.com

MARKETING

PUBLICITY

Canada and US print and radio
media campaign

WEB MARKETING

www.rodphillipsonwine.com
facebook, twitter, pinterest, blogger
media campaign

WILD PLACES

VANCOUVER ISLAND

by John Kimantas



One of the most spectacular places on earth, Vancouver Island is a wonderland of dense rainforests, rugged mountain trails, breathtaking coastlines and natural beauty unlike anywhere else. In *Wild Places: Vancouver Island*, experienced outdoorsman and bestselling author John Kimantas invites you to experience this scenic paradise for yourself, providing up-to-date information on how to access and navigate some of the island's most stunning regions.

Wild Places: Vancouver Island anticipates the needs of hikers, fishers, climbers, mountain bikers, campers, kayakers and explorers of many backgrounds and interests. With detailed maps and full-colour photographs, this is a book that will lead you wherever you want to go, even if you don't yet know where that is yourself. Whether you're going for an afternoon walk or journeying off the beaten path, John will enrich your experience with historic and practical information, including internet resources and GPS waypoints that will ensure you have the most dependable data for your trip.

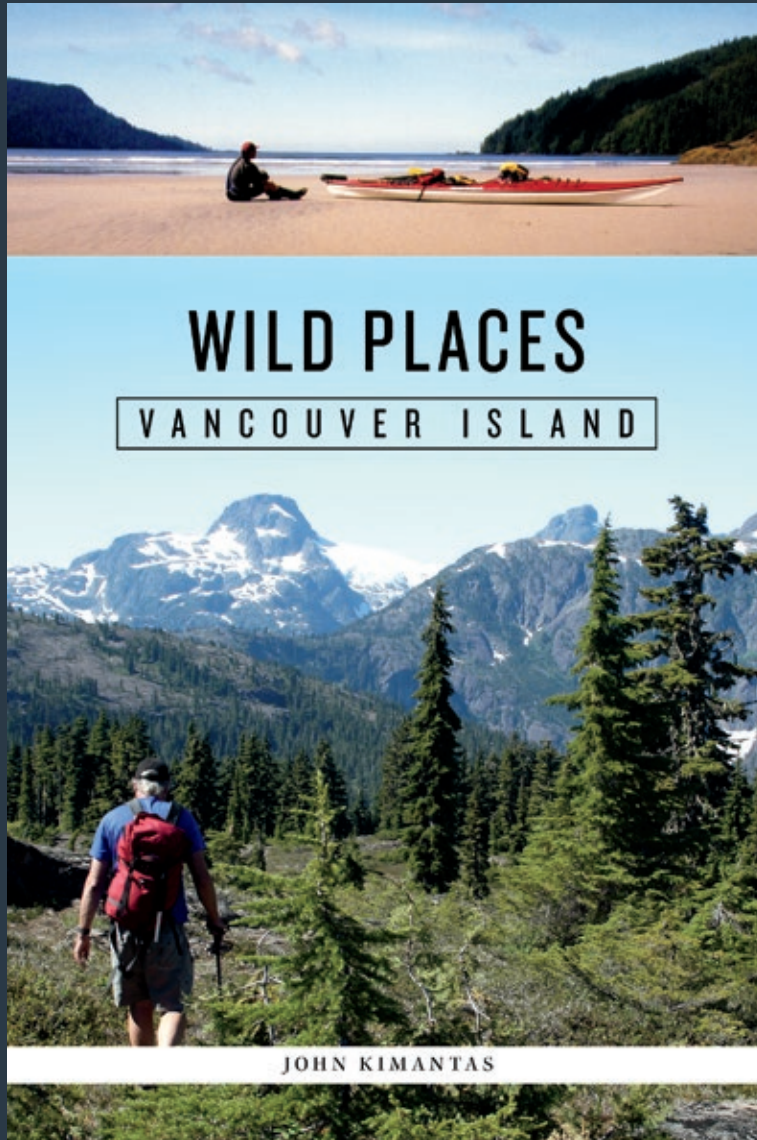
From hidden lakes to hilltop vistas, with every captivating twist and turn in-between, Vancouver Island truly is an explorer's paradise. Discover its pristine beauty for yourself with this essential guide.

EXCERPT The Vancouver Island terrain is one of the toughest anywhere. The ground will be uneven rock. Thin cover will hide all manner of evils—thick moss over footfalls, rotting wood branches that will break when stepped on, and mercilessly barbed undergrowth. Never for a moment believe you can just muscle through. The worst mistake is to leave a trail to head through a clear forest area, then when the clearing runs out think you can just turn back. It sounds so easy to do—until that route you followed isn't visible from the opposite direction...

FEATURES / WHY BUY

- Updated and expanded edition of one of BC's most dependable guidebooks.
- The "Wild Places" brand has endured for over a decade, with new issues of Wild Places Magazine available seasonally throughout BC.
- Filled with detailed maps that anticipate the needs of both casual daytrippers and experienced hikers.

John Kimantas has been a journalist for more than 18 years and has written for newspapers across Canada. He is editor and owner of Wild Coast Publishing, which produces *Coast & Kayak Magazine* (formerly *Wavelength*) and *Wild Coast Magazine*. He is also the author of the Wild Coast book series and the BC Coastal Recreation Kayaking and Small Boats Atlas series. He lives on Vancouver Island.



Let John Kimantas be your guide through one of the most rugged, beautiful terrains on Earth

ISBN 978-1-77050-312-0

6" x 9"

paperback

370 pages; \$29.95

100 photographs

colour throughout; rights: world

Available in Canada March 2017

Available in U.S. April 2017

whitecap | www.whitecap.ca

Canadian Distribution

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

212-727-0190

antonio@midpointtrade.com

MARKETING

PUBLICITY

Canada and US print and radio media campaign, cooking demos, live TV interviews in Vancouver and Victoria

WEB MARKETING

facebook, twitter, pinterest, blogger media campaign

PIMENTOS AND PIRI PIRI

PORTUGUESE COMFORT COOKING

by Carla Azevedo



Hearty and filling and flavourful—these are the words that are most often used to describe the cuisine of Portugal. Designed, as it originally was, to sustain farm workers and other labourers through their long days, Portuguese fare is rooted firmly in the tradition of peasant food that is fresh, simple and easy to prepare.

Pimentos and Piri Piri is Carla Azevedo's tribute to that tradition. A food journalist and teacher who was first introduced to Portuguese cuisine by her husband, who came from a Portuguese family, Carla soon learned how to adapt Old World recipes to the New World environment of urban Toronto. Her first book, the bestselling and often-reprinted *Uma Casa Portuguesa* (Portuguese Home Cooking), was the result. At the time of its publication, Elizabeth Baird wrote, in *Canadian Living* magazine: "Pride and love. These are the words . . . that every Portuguese cook stirs into her kitchen creations. It's this pride and love that bubbled out when I spoke to Carla Azevedo."

Now, Carla has substantially revised, updated and added to her collection of Portuguese recipes and her understanding of Portuguese cuisine, and brings us *Pimentos and Piri Piri*.

This book features a comprehensive introduction, "Essentials of Portuguese Cuisine," with detailed glossaries of cooking techniques, ingredients and utensils. Also included are 330 recipes for a wide range of dishes: appetizers, snacks, soups, seafood and fish, poultry and game, beef, lamb and pork, vegetables and rice, sauces and breads and desserts.

Whether you are feeling adventurous and want to explore the tastes and flavours of Portugal, or just want to create a delicious and satisfying meal, *Pimentos and Piri Piri* is for you.

EXCERPT Whether from the Azores, Mozambique, Cape Verde or mainland Portugal, the Portuguese love seafood. In fact, they love all things coming from the sea and have discovered how to draw out every last drop of flavour from whatever sea ingredients they find. Cape Verde Soup comes from fishers who had little time to stew flavourful stocks. Sea-bound cooks would scrape barnacles from rocks or the sides of the ship and toss them into bubbling caldrons along with other sea crustaceans to create a meal that would sustain a hungry crew in a hurry. The intense seafood flavours that developed, along with a deliciously seasoned cornmeal and tomato stock, would be enjoyed that day, and leftovers reheated to be enjoyed the next. Like the seafood in the dish, the added vegetables or grains are imbued with authentic flavours worth savouring.

FEATURES / WHY BUY

- With over 300 recipes, this is one of the most comprehensive Portuguese cookbooks on the market.
- Carla Azevedo was born and raised in Canada and brings a North American approach to Portuguese cooking by using easy-to-find ingredients and familiar cooking techniques.

Carla Azevedo's love affair with the tastes of Portugal started when she met her husband, Antonio. She is a graduate of the acclaimed chef training program at George Brown College and the journalism program at Ryerson Polytechnic Institute. Carla is a teacher and lives in Toronto, Ontario. *Pimentos and Piri Piri* is her first Whitecap book.

REPRINT



*Cosy up to traditional Portuguese recipes in
a North American kitchen*

ISBN: 978-1-77050-190-4

8" x 10"

Hardcover

432 pages; \$39.95

350 recipes

colour throughout; rights: world

Available in Canada March 2017

Available in U.S. April 2017

whitecap | www.whitecap.ca

Canadian Distribution

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

212-727-0190

antonio@midpointtrade.com

MARKETING

PUBLICITY

Canada and US print and radio
media campaign, cooking demos,
live TV interviews in Vancouver and
Victoria

WEB MARKETING

facebook, twitter, pinterest,
blogger media campaign

TASTE CANADA AWARDS: WINNERS

GOLD

IN THE SINGLE SUBJECT
COOKBOOK CATEGORY



THE OCEAN WISE COOKBOOK 2
More Seafood Recipes that are
Good for the Planet
edited by Jane Mundy
978-1-77050-238-3
384 pages
8.5" x 11"
paperback with flaps
\$34.95

GOLD

IN THE REGIONAL AND CULTURAL
COOKBOOK CATEGORY



A TASTE OF HAIDA GWAII
Food Gathering and Feasting
at the Edge of the World
by Susan Musgrave
ISBN 978-1-77050-216-1
8" x 9.5"
\$34.95

SILVER

IN THE HEALTH AND SPECIAL DIET
COOKBOOK CATEGORY

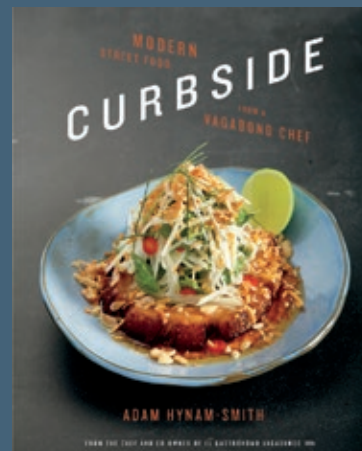


SCARED WHEATLESS
Delicious Gluten-Free Recipes that
Won't Make You Lose Your Mind
by Mary Jo Eustace
ISBN 978-1-77050-244-4
8.25" x 10.5"
\$29.95

TASTE CANADA AWARDS: THE SHORTLIST



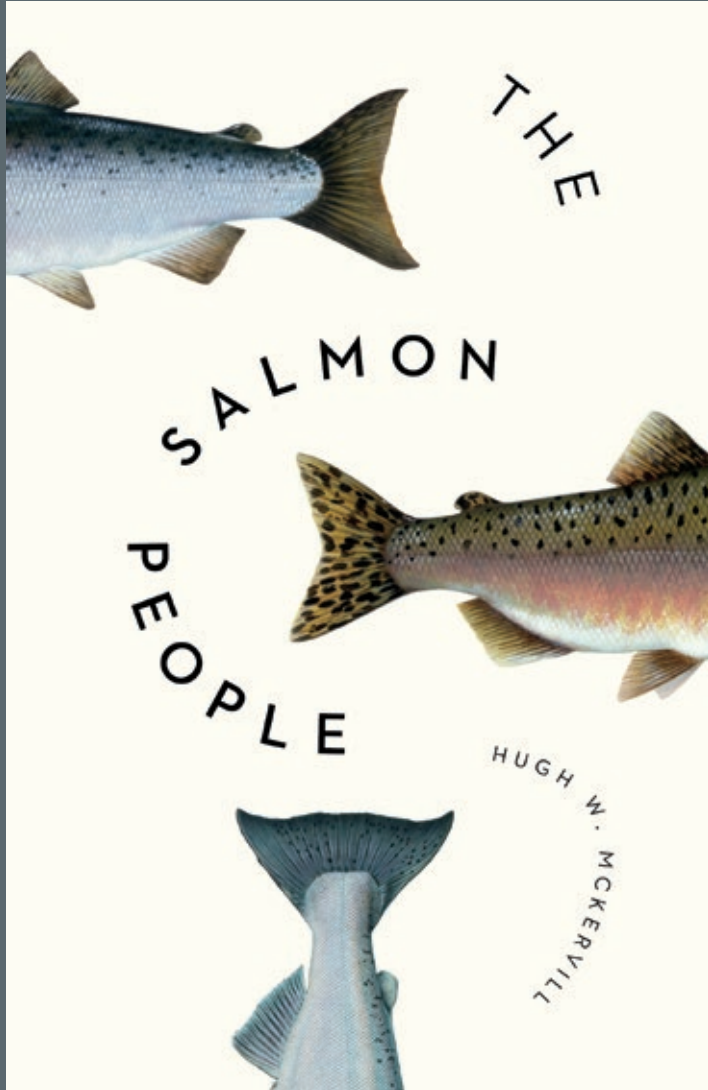
HOMEGROWN
Celebrating the Canadian
Foods We Grow, Raise and
Produce with 60 Recipes
by Mairlyn Smith, PHEc
with recipes from the
Ontario Home Economics
Association
ISBN 978-1-77050-232-1
8" x 10"
\$39.95



CURBSIDE
Modern Street Food
from a Vagabond Chef
by Adam Hynam-Smith
978-1-77050-223-9
248 pages
8" x 10"
paperback
\$32.95

THE SALMON PEOPLE

by Hugh W. McKervill



The Salmon People is a masterful history of Canada's west coast. From the First People's tales of salmon to B.C.'s first cannery, to overfishing and environmental concerns, this is a must read for anyone interested in how B.C.'s fishing industry reached the sorry place it is in today. Author Hugh McKervill takes the reader to an aged Native man's ancestral fishing ground, into the heart of a Japanese fisherman at the time of the 1942 War Measures Act, and throughout the vast Fraser River system on the backs of migrating fish. It is a story of extraordinary people doing extraordinary things, and one of a fascinating industry built around a mysterious, now threatened, living resource.

Former United Church minister and retired Atlantic Regional Director for the Canadian Human Rights Commission, **Hugh W. McKervill** is author of three other books: *Darby of Bella Bella* (Ryerson), *Like an Ever Rolling Stream* (Four East) and *Sinbuster of Smoky Burn* (Whitecap). An Atlantic Journalism Award winner, Mr. McKervill is a long-time editorial contributor with the *Atlantic Salmon Journal* and his writings have appeared in a variety of regional magazines. He lives in Halifax, Nova Scotia where, in his spare time, he is involved in photography, organic gardening, salmon conservation, life-long learning, and fly fishing.

ISBN 978-1-77050-208-6

5.25" x 8.5"

paperback

256 pages; \$19.95

black & white; rights: world, English

Available in Canada October 2015

Available in U.S. November 2015

whitecap | www.whitecap.ca

Canadian Distribution

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

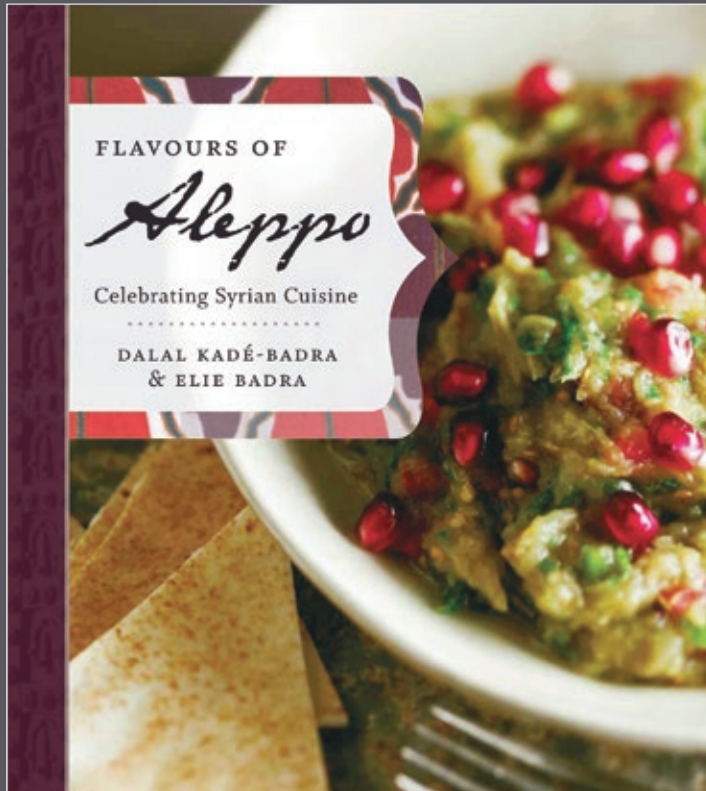
212-727-0190

antonio@midpointtrade.com

FLAVOURS OF ALEPPO

CELEBRATING SYRIAN CUISINE

By Dalal Kadé-Badra and Elie Badra



ISBN: 978-1-77050-178-2
8.5" x 9.5" • 152 pages
paperback with flaps
89 recipes; colour throughout, including
photographs; index
\$29.95 • Rights: World

Aleppo is Syria's second largest city and one of the oldest continuously inhabited cities in the world. Located at the crossroads of some of the world's great historic commercial routes linking Europe and Asia, Aleppo has developed a diverse cuisine that is considered to be one of the best in the Arab world.

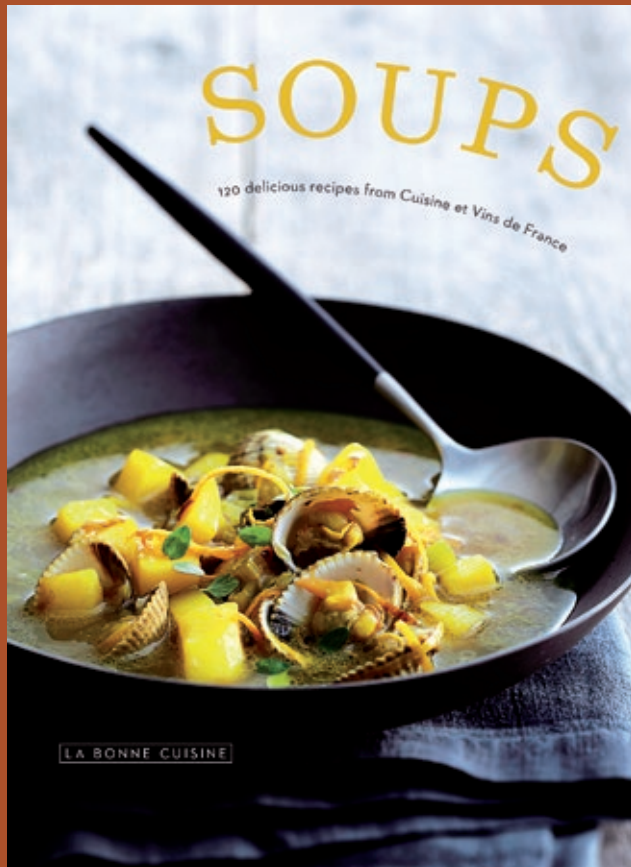
Turkey, Greece, Armenia, and the rest of the Levant influence Aleppian cuisine but it is its own seasonings and presentation that make Syrian food especially appealing. *Flavours of Aleppo* celebrates these seasonings and presentations through a heady mix of recipes and gorgeous photographs of the city.

Flavours of Aleppo includes versions of many classic Levantine dishes such as *kabob*, *kibbeh* (bulgar, onion and ground meat), and *mezzes*. Featuring an introduction to typical Aleppian ingredients, with nearly 100 meat and vegetarian recipes for main and side dishes, as well as barbecue dishes, desserts, sweets and drinks, this book is a comprehensive sampler of this unique cuisine.

Some of the enticing recipes in the book are:

- Mámounyé (a sweet breakfast casserole unique to Aleppo)
- Kébbé bel Séniyé (one of the many kibbeh varieties, known as "plate" kibbeh)
- Kabbab bel Barz (kebobs with cherries, one of Aleppo's main dishes)
- Martadella Halabyé (Aleppian sausage)
- Gateau bel Ananas (banana and almond cake)

Flavours of Aleppo is a book that will perfectly complement the book collection of any cook wanting to explore the cuisine of this fascinating culture.



120 delicious recipes from Cuisine et Vins de France

ISBN 978-1-77050-309-0

7.7" x 9.4" • 192 pages

Softcover with flaps

full colour throughout,
photographs, 120 recipes

\$22.95 • Rights: Canada

Available in Canada November 2015

Available in U.S. December 2015

sales

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

212-727-0190

antonio@midpointtrade.com



100 delicious recipes from Cuisine et Vins de France

ISBN 978-1-77050-310-6

7.7" x 9.4" • 192 pages

Softcover with flaps

full colour throughout,
photographs, 100 recipes

\$22.95 • Rights: Canada

Available in Canada November 2015

Available in U.S. December 2015

sales

FITZHENRY & WHITESIDE

905-477-9700

1-800-387-9776

godwit@fitzhenry.ca

U.S. Distribution

MIDPOINT TRADE BOOKS

Antonio Lorenzo

212-727-0190

antonio@midpointtrade.com

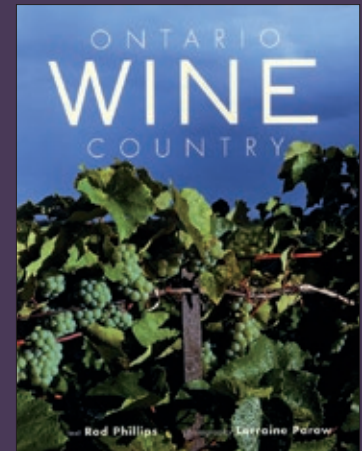
BEER, WINE & SPIRITS



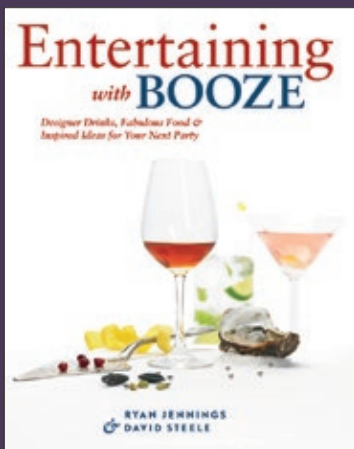
THE WHISKY CABINET
Your Guide to Enjoying the Most
Delicious Whiskies in the World
by Mark Bylok
978-1-77050-237-6
208 pages
8" x 9.5"
paperback with flaps
\$24.95



**THE CANADIAN CRAFT BEER
COOKBOOK**
by David Ort
978-1-77050-193-5
8" x 9.5"
208 pages
paperback with flaps
\$29.95



ONTARIO WINE COUNTRY
by Rod Phillips
photos by Lorraine Parow
978-1-55285-649-6
192 pages
8.5" x 11"
paperback with flaps
\$29.95



ENTERTAINING WITH BOOZE
Designer Drinks, Fabulous Food and
Inspired Ideas for Your Next Party
by Ryan Jennings and David Steele
978-1-55285-930-8
256 pages
8.5" x 10.5"
paperback with flaps
\$29.95
available only in Canada



**THE 500 BEST-VALUE WINES
IN THE LCBO**
The Definitive Guide to the
Best Wine Deals in the Liquor
Control Board of Ontario, 2016
by Rod Phillips
978-1-77050-305-2
256 pages
5" x 8.5"
paperback
\$19.95



RECIPES FROM WINE COUNTRY
by Tony de Luca
978-1-55285-605-5
320 pages
8.25" x 10.5"
paperback
\$39.95

GET COOKING THIS SPRING
WITH THESE TASTY TITLES AVAILABLE NOW
FROM WHITECAP BOOKS

Firehouse Chef
Recipes from Canada's
Firefighters
by Patrick Mathieu
978-1-77050-306-9
208 pages
8" x 10"
paperback with flaps
\$34.95



Storm the Kettle
Resetting the Newfoundland
Table
by Elaine Feore and Joanne
Goudie
978-1-77050-299-4
208 pages
8" x 10"
paperback with flaps
\$29.95



The Baker in Me
by Daphna Rabinovitch
978-1-77050-242-0
488 pages
8" x 10"
hardcover
\$45.00

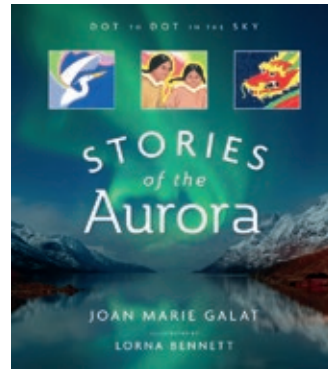
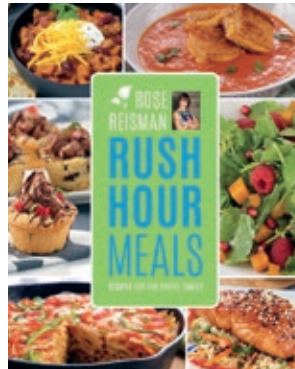
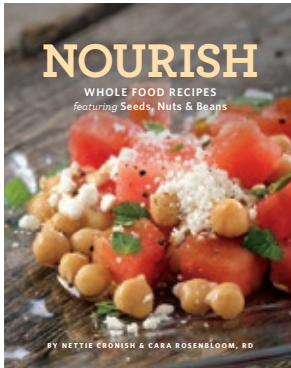


British Columbia from Scratch
Recipes for Every Season
by Denise Marchessault and
Caroline West
978-1-77050-234-5
320 pages
8.5" x 11"
hardcover
\$40.00



WHITECAP BOOKS

RECENTLY PUBLISHED



HISTORICAL COOKBOOKS



**Kate Aitken's
Canadian Cook Book**
edited by *Elizabeth Driver*
978-1-55285-591-1
292 pages
5" x 7.75"
paperback
\$18.95



**The Laura Secord
Canadian Cook Book**
edited by *the Canadian Home
Economics Association*
978-1-55285-260-6
192 pages
6.25" x 10.25"
paperback
\$16.95
available only in Canada



Five Roses
A Guide to Good Cooking
edited by *Elizabeth Driver*
978-1-55285-458-7
224 pages
5.75" x 8.75"
paperback
\$16.95



**The All New Purity
Cookbook**
A Complete Book of
Canadian Cooking
foreword by Jean Paré
978-1-55285-183-8
224 pages
6.25" x 9.25"
paperback
\$16.95

ERIC AKIS: EVERYONE CAN COOK SERIES



Everyone Can Cook
Over 120 Recipes for
Entertaining Every Day
by *Eric Akis*
978-1-55285-448-8
212 pages
8" x 9"
paperback
\$22.95



Everyone Can Cook
Appetizers
Over 100 Tasty Bites
by *Eric Akis*
978-1-55285-793-9
208 pages
8" x 9"
paperback
\$24.95



Everyone Can Cook
Everything
by *Eric Akis*
978-1-77050-109-6
448 pages
8" x 9"
hardcover
\$35.00



Everyone Can Cook
for Celebrations
Seasonal Recipes for
Festive Occasions
by *Eric Akis*
978-1-55285-993-3
272 pages
8" x 9"
paperback
\$24.95



Everyone Can Cook
Midweek Meals
Recipes for Cooks on the
Run
by *Eric Akis*
978-1-55285-924-7
224 pages
8" x 9"
paperback
\$24.95



Everyone Can Cook
Slow Cooker Meals
Recipes for Satisfying Mains
and Delicious Sides
by *Eric Akis*
978-1-77050-027-3
240 pages
8" x 9"
paperback
\$24.95

BAL ARNESON



Bal's Spice Kitchen
by *Bal Arneson*
978-1-77050-195-9
192 pages
8" x 10"
paperback with flaps
\$29.95

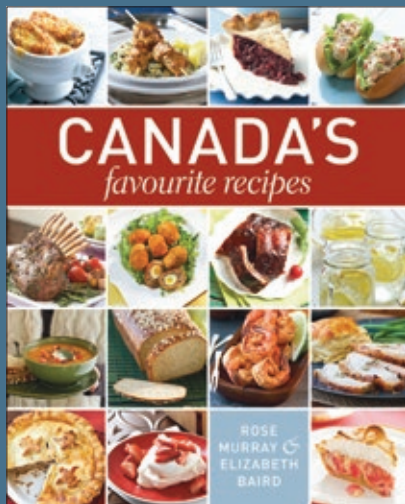


**Bal's Quick and
Healthy Indian**
by *Bal Arneson*
978-1-77050-023-5
208 pages
8" x 10"
paperback with flaps
\$29.95

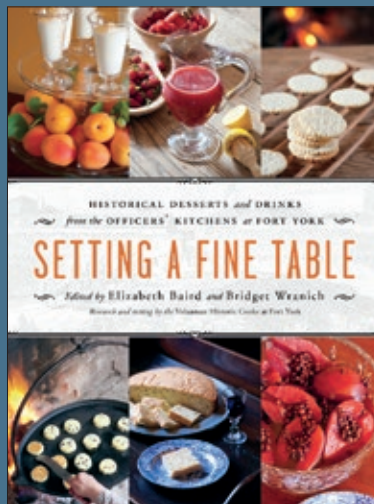


Everyday Indian
100 Fast, Fresh, and
Healthy Recipes
by *Bal Arneson*
978-1-55285-948-3
192 pages
8" x 10"
paperback with flaps
\$29.95

ELIZABETH BAIRD



CANADA'S FAVOURITE RECIPES
by Rose Murray
and Elizabeth Baird
978-1-77050-098-3
276 pages
8.5" x 10.5"
hardcover
\$40.00

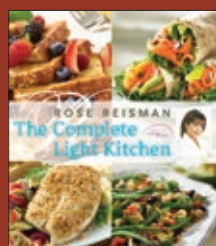


SETTING A FINE TABLE
Historical Desserts
and Drinks from the
Officers' Kitchens at
Fort York
edited by Elizabeth
Baird
and Bridget Wranich
978-1-77050-194-2
152 pages
6" x 8"
paperback
\$19.95

ROSE REISMAN



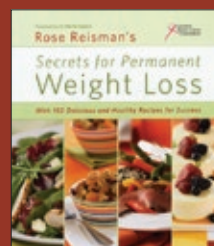
The Best of Rose Reisman
20 Years of Healthy Recipes
by Rose Reisman
978-1-77050-199-7
400 pages
8" x 9"
hardcover
\$36.00



The Complete Light Kitchen
by Rose Reisman
978-1-55285-902-5
400 pages
8" x 9"
paperback with flaps
\$29.95



Rose Reisman's Family Favorites
by Rose Reisman
978-1-77050-006-8
392 pages
8" x 9"
paperback with flaps
\$29.95

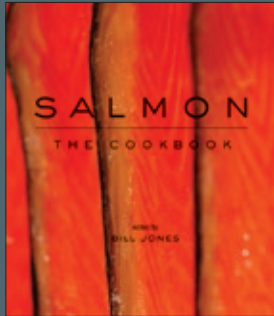


Rose Reisman's Secrets for Permanent Weight Loss
by Rose Reisman
978-1-55285-719-9
292 pages
8" x 9"
paperback
\$29.95

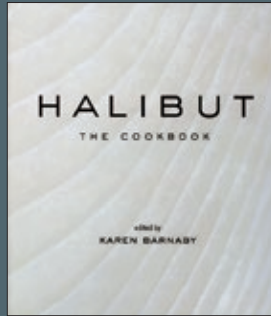


Rose Reisman's Rush Hour Meals
by Rose Reisman
978-1-77050-303-8
292 pages
8" x 10"
paperback
\$24.95

SEAFOOD BOOKS



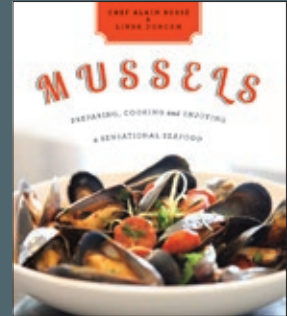
Salmon
The Cookbook
edited by Bill Jones
 978-1-55285-645-1
 184 pages
 8.25" x 9.5"
 paperback
 \$24.95



Halibut
The Cookbook
edited by Karen Barnaby
 978-1-55285-860-8
 184 pages
 8.25" x 9.5"
 paperback
 \$24.95



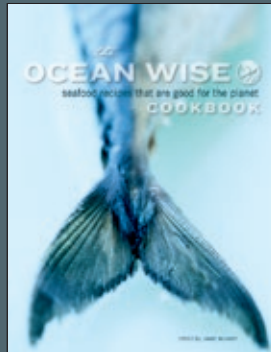
Shellfish
The Cookbook
edited by Karen Barnaby
 978-1-55285-925-4
 224 pages
 8.25" x 9.5"
 paperback
 \$24.95



Mussels
 Preparing, Cooking and
 Enjoying a Sensational
 Seafood
*by Chef Alain Bossé
 and Linda Duncan*
*foreword by Chef
 Michael Smith*
 978-1-77050-214-7
 144 pages
 8.25" x 9.5"
 paperback with flaps
 \$29.95



**How to Make Love to a
 Lobster**
 An Eclectic Guide to the
 Buying, Cooking, Eating and
 Folklore of Shellfish
*by Marjorie Harris
 and Peter Taylor*
 978-1-77050-183-6
 144 pages
 8" x 9"
 paperback with flaps
 \$19.95



**The Ocean Wise
 Cookbook**
 Seafood Recipes that are
 Good for the Planet
edited by Jane Mundy
 978-1-77050-016-7
 328 pages
 8.5" x 11"
 paperback with flaps
 \$34.95



**The Ocean Wise
 Cookbook 2**
 More Seafood Recipes that
 are Good for the Planet
edited by Jane Mundy
 978-1-77050-238-3
 384 pages
 8.5" x 11"
 paperback with flaps
 \$34.95

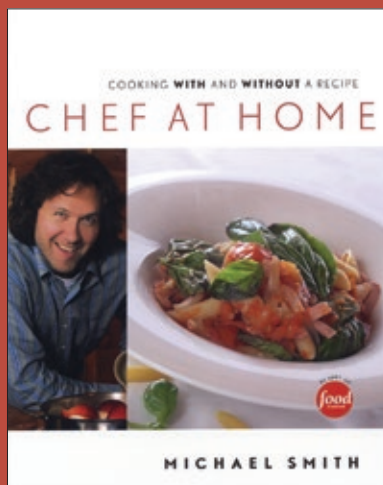


C Food
*by Robert Clark and
 Harry Kambolis*
photos by Hamid Attie
 978-1-77050-004-4
 192 pages
 11" x 11"
 hardcover
 \$40.00

CHEF MICHAEL SMITH



THE BEST OF CHEF
AT HOME
Essential Recipes for
Today's Kitchen
*by Chef Michael
Smith*
*photos by James
Ingram*
978-1-55285-984-1
272 pages
8.5" x 11"
paperback with flaps
\$29.95
available only in
Canada

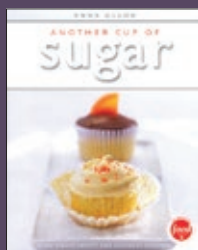


CHEF AT HOME
Cooking with and
Without a Recipe
by Chef Michael Smith
978-1-55285-716-8
176 pages
8" x 10"
paperback
\$29.95
available only in
Canada

ANNA OLSON



Anna & Michael Olson
Cook at Home
Recipes for Every Day and
Every Occasion
*by Anna
and Michael Olson*
978-1-55285-702-1
288 pages
8.25" x 10.5"
paperback
\$39.95



Another Cup
of Sugar
More Simple Sweets and
Decadent Desserts
by Anna Olson
978-1-55285-809-7
200 pages
8" x 10"
paperback
\$24.95



Back to Baking
200 Timeless Recipes to
Bake, Share, and Enjoy
by Anna Olson
978-1-77050-063-1
340 pages
8.5" x 10.5"
hardcover
\$40.00

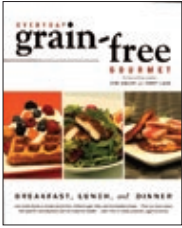


Fresh with Anna Olson
Seasonally Inspired Recipes
to Share with Family and
Friends
by Anna Olson
978-1-55285-995-7
232 pages
8.5" x 11"
paperback with flaps
\$29.95



In The Kitchen
with Anna
New Ways with the Classics
by Anna Olson
978-1-55285-946-9
232 pages
8.5" x 11"
paperback with flaps
\$29.95

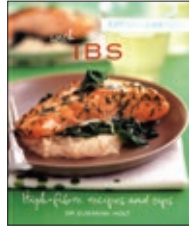
HEALTHING COOKING TITLES



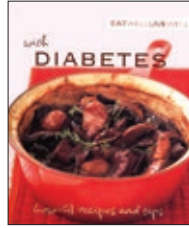
Everyday Grain-Free Gourmet
Breakfast, Lunch, and Dinner
by *Jodi Bager and Jenny Lass*
978-1-55285-918-6
224 pages
8" x 10"
paperback
\$29.95



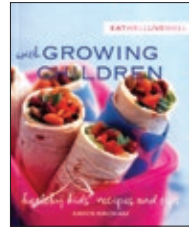
Grain-Free Gourmet
Delicious Recipes for Healthy Living
by *Jodi Bager and Jenny Lass*
978-1-55285-668-0
204 pages
8" x 10"
paperback
\$26.95



Eat Well, Live Well with IBS
by *Susanna Holt, PhD*
978-1-55285-878-3
192 pages
6.25" x 7.75"
paperback with flaps
\$19.95
available only in Canada



Eat Well, Live Well with Diabetes
by *Karen Kingham*
978-1-55285-876-9
192 pages
6.25" x 7.75"
paperback with flaps
\$19.95
available only in Canada



Eat Well, Live Well with Growing Children
by *Karen Kingham*
978-1-55285-886-8
192 pages
6.25" x 7.75"
paperback with flaps
\$19.95
available only in Canada



Eat Well, Live Well with High Cholesterol
by *Karen Kingham*
978-1-55285-877-6
192 pages
6.25" x 7.75"
paperback with flaps
\$19.95
available only in Canada



Grazing
A Healthier Approach to Snacks and Finger Foods
by *Julie Van Rosendaal*
978-1-55285-965-0
224 pages
6.5" x 9.5"
paperback
\$24.95



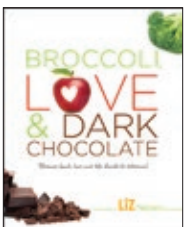
375 Sensational Splenda® Recipes
Low in Sugar, Fat, and Calories
by *Marlene Koch*
978-1-55285-752-6
488 pages
7.5" x 9.25"
paperback
\$24.95
available only in Canada



Everyday Flexitarian
Recipes for Vegetarians and Meat Lovers Alike
by *Nettie Cronish and Pat Crocker*
978-1-77050-021-1
288 pages
8.5" x 11"
paperback with flaps
\$29.95



Flex Appeal
A Vegetarian Cookbook for Families with Meat Eaters
by *Pat Crocker and Nettie Cronish*
978-1-77050-188-1
224 pages
8.5" x 11"
paperback with flaps
\$29.95



Broccoli, Love and Dark Chocolate
Because Food, Love and Life Should be Delicious
by *Liz Pearson*
978-1-77050-211-6
304 pages
8" x 10"
paperback with flaps
\$29.95



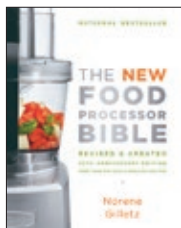
Ultimate Foods for Ultimate Health
... and Don't Forget the Chocolate!
by *Liz Pearson and Mairlyn Smith*
978-1-55285-845-5
336 pages
7.5" x 10"
paperback
\$29.95



Scared Wheatless
Delicious Gluten-Free Recipes that Won't Make You Lose Your Mind
by *Mary Jo Eustace*
978-1-77050-244-4
208 pages
8.25" x 10.5"
\$29.95



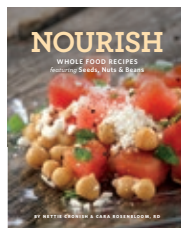
Healthy Starts Here!
140 Recipes that Will Make you Feel Great
by *Mairlyn Smith*
978-1-77050-039-6
352 pages
8" x 10"
paperback with flaps
\$29.95



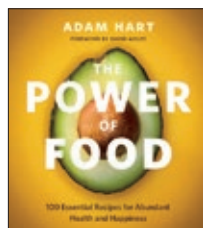
The New Food Processor Bible
The 30th Anniversary Edition
by *Norene Gilletz*
978-1-77050-028-0
560 pages
7.25" x 9.25"
paperback
\$29.95



Healthy Helpings
800 Fast and Fabulous Recipes
by *Norene Gilletz*
978-1-55285-788-5
432 pages
8" x 9"
paperback
\$29.95



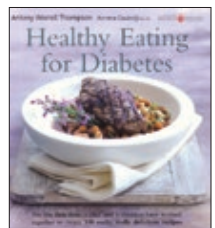
Nourish
Whole Food Recipes Featuring Seeds, Nuts, and Beans
by *Nettie Cronish and Cara Rosenbloom*
978-1-77050-243-7
224 pages
8" x 10"
paperback with flaps
\$29.95



The Power of Food
100 Essential Recipes for Abundant Health and Happiness
by *Adam Hart*
978-1-77050-182-9
152 pages
8" x 9"
paperback with flaps
\$24.95

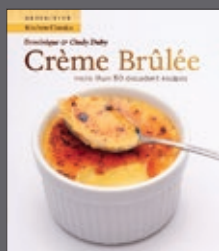


Everything Flax
More than 100 Easy Ways to Work Flax into your Everyday Diet
edited by *Linda Braun*
978-1-55285-981-0
240 pages
8" x 9"
paperback
\$24.95



Healthy Eating for Diabetes
by *Antony Worrall Thompson and Azmira Govindji*
978-1-55285-552-2
144 pages
8.25" x 8.5"
paperback with flaps
\$24.95

DOMINIQUE AND CINDY DUBY



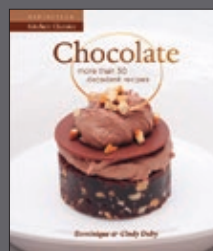
Crème Brûlée
 Definitive Kitchen Classics:
 More than 50 Decadent
 Recipes
 by *Dominique and Cindy Duby*
 978-1-55285-943-8
 128 pages
 7" x 8"
 paperback with flaps
 \$19.95



Wild Sweets Chocolate
 Savory, Sweet, Bites, Drinks
 by *Dominique and Cindy Duby*
 foreword by *Charlie Trotter*
 978-1-55285-910-0
 212 pages
 9.25" x 12.25"
 hardcover
 \$40.00



Wild Sweets
 Exotic Dessert and Wine
 Pairings
 by *Dominique and Cindy Duby*
 foreword by *Charlie Trotter*
 978-1-55285-836-3
 162 pages
 9" x 12"
 paperback with flaps
 \$35.00

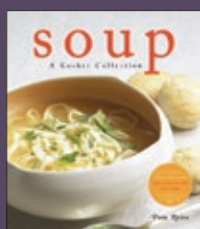


Chocolate
 Definitive Kitchen Classics:
 More than 50 Decadent
 Recipes
 by *Dominique and Cindy Duby*
 978-1-77050-001-3
 128 pages
 7" x 8"
 paperback with flaps
 \$19.95



Panini
 Definitive Kitchen Classics:
 Gourmet Recipes to Help
 you Get the Most from your
 Panini Press
 by *Dominique and Cindy Duby*
 978-1-77050-030-3
 144 pages
 7" x 8"
 paperback with flaps
 \$19.95

SOUP TITLES



Soup
 A Kosher Collection
 by *Pam Reiss*
 978-1-77050-062-4
 224 pages
 8" x 9"
 paperback
 \$24.95



Great Soup Empty Bowls
 Recipes from the Empty
 Bowls Fundraiser
 edited by *Jamie Kennedy*
 photographs by
Christopher Freeland
 978-1-55285-347-4
 128 pages
 8.25" x 8.25"
 paperback
 \$19.95



**For the Love
 of Salad**
 by *Jeanelle Mitchell*
 978-1-77050-007-5
 176 pages
 7" x 10"
 paperback
 \$19.95



**For the Love
 of Soup**
 by *Jeanelle Mitchell*
 978-1-77050-032-7
 192 pages
 7" x 10"
 paperback
 \$19.95



Soup
 by *Anne-Catherine Bley*
 photos by *Akiko Ida*
 978-1-55285-834-9
 160 pages
 7" x 11.13"
 paperback with flaps
 \$24.95

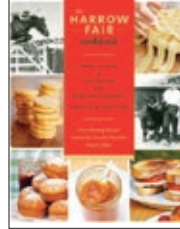
HOSPITALITY DINING



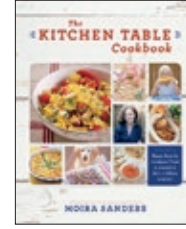
Fabulous Fairholme
Breakfasts and Brunches:
Recipes from the Award-
Winning Historic Fairholme
Manor Inn, Victoria, BC
by Sylvia Main
978-1-55285-932-2
142 pages
8.25" x 10.25"
hardcover
\$29.95



**Easy Elegance from
Fabulous Fairholme**
Breakfast, Brunch, Lunch:
Entertaining Ideas from
Fairholme Manor Inn
by Sylvia Main
978-1-77050-110-2
160 pages
8" x 10"
hardcover
\$29.95



**The Harrow Fair
Cookbook**
Prize-Winning Recipes
Inspired by Canada's
Favourite Country Fair
*by Moira Sanders
and Lori Elstone
with Beth Goslin Maloney*
foreword by Anna Olson
978-1-77050-020-4
256 pages
8" x 10"
paperback with flaps
\$29.95



**The Kitchen Table
Cookbook**
by Moira Sanders
978-1-77050-228-4
292 pages
8" x 10"
paperback with flaps
\$29.95



**Menus from an Orchard
Table**
Celebrating the Food and
Wine of the Okanagan
by Heidi Noble
978-1-55285-852-3
320 pages
8.25" x 10.5"
paperback with flaps
\$34.95



Gatherings
*by Julie Van Rosendaal
and Jan Scott*
978-1-77050-226-0
320 pages
8" x 10"
paperback with flaps
\$34.95



**Island Lake Lodge
The Cookbook**
by Keith Liggett
978-1-55285-947-6
192 pages
8.5" x 11"
paperback with flaps
\$29.95



C Food
*by Robert Clark and
Harry Kambolis*
photos by Hamid Attie
978-1-77050-004-4
192 pages
11" x 11"
hardcover
\$40.00

SALADS AND VEGETARIAN



Quinoa 365
The Everyday Superfood
*by Patricia Green and Carolyn
Hemming*
978-1-55285-994-0
208 pages
8" x 10"
paperback with flaps
\$29.95



**The Vegetarian's
Complete Quinoa
Cookbook**
*from the Ontario Home
Economics Association*
edited by Mairlyn Smith
978-1-77050-097-6
208 pages
8" x 10"
paperback with flaps
\$29.95



Salad Dressing 101
Dressings for All Occasions
edited by Nathan Hyam
978-1-77050-012-9
176 pages
5.75" x 9"
paperback
\$12.95

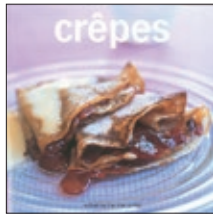


**The All-New Vegetarian
Passport**
350 Healthy Recipes
Inspired by Global Cuisine
by Linda Woolven
978-1-77050-179-9
450 pages
8" x 10"
paperback with flaps
\$34.95



V Cuisine
The Art of New Vegan
Cooking
by Angeline Linardis
978-1-55285-903-2
224 pages
8" x 9"
paperback with flaps
\$29.95

MEALS AROUND THE WORLD



Crêpes
edited by Camille Le Foll
 978-1-55285-839-4
 64 pages
 8" x 8"
 paperback with flaps
 \$12.95
 available only in Canada



Crème Brûlée
by Sarah Lewis
 978-1-55285-736-6
 64 pages
 8" x 8"
 paperback with flaps
 \$12.95



La Régalade
by Alain Rayé
introduction by Jurgen Gothe
 978-1-55285-705-2
 192 pages
 8" x 10"
 paperback
 \$29.95
 available only in Canada



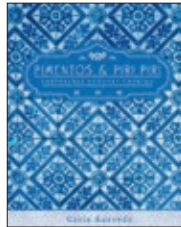
Panini
by Jo McAuley
 978-1-55285-687-1
 96 pages
 8.5" x 8.5"
 paperback with flaps
 \$12.95



Per la Famiglia
 Memories and Recipes
 of Southern Italian Home
 Cooking
by Emily Richards, PHEC
 978-1-77050-224-6
 248 pages
 8.25" x 10.5"
 \$29.95



**Food from Many Greek
 Kitchens**
by Tessa Kiros
 978-1-77050-060-0
 336 pages
 8.25" x 9.25"
 hardcover
 \$40.00
 available only in Canada



Pimentos and Piri Piri
 Portuguese Comfort Cooking
by Carla Azevedo
 978-1-77050-190-4
 384 pages
 8" x 10"
 paperback with flaps
 \$39.95



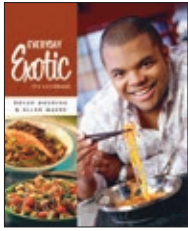
Falling Cloudberries
 A World of Family Recipes
by Tessa Kiros
photos by Manos Chatzikonstantis
 978-1-55285-729-8
 400 pages
 7.13" x 9.75"
 hardcover
 \$45.00
 available only in Canada



Russian Cuisine
 Traditional and
 Contemporary Home
 Cooking
by Maria Depenweiller
 978-1-77050-233-8
 248 pages
 8" x 10"
 paperback with flaps
 \$29.95



VENEZIA
 Food and Dreams
by Tessa Kiros
 978-1-55285-967-4
 288 pages
 8" x 9"
 hardcover
 \$45.00
 available only in Canada



Everyday Exotic
The Cookbook
by Roger Mooking and Allan Magee
978-1-77050-064-8
192 pages
9" x 11"
paperback with flaps
\$29.95



Morocco
Recipes and Stories from East Africa
by Ghislaine Bénady and Najat Sefrioui
photos by Michel Reuss
978-1-55285-968-1
160 pages
7" x 11.25"
paperback with flaps
\$24.95



Curry
by Jody Vassallo
photos by Deirdre Rooney
978-1-55285-955-1
160 pages
7" x 11.13"
paperback with flaps
\$24.95



Simply Indian
Sweet and Spicy Recipes from India, Pakistan and East Africa
by Tahera Rawji and Hamida Suleman
978-1-55285-411-2
192 pages
8" x 9"
paperback
\$19.95



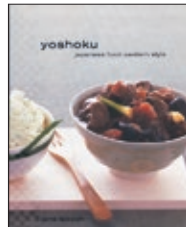
Simply More Indian
More Sweet and Spicy Recipes from India, Pakistan and East Africa
by Tahera Rawji
978-1-55285-931-5
224 pages
8" x 9"
paperback
\$24.95



Flavours of Aleppo
Celebrating Syrian Cuisine
by Dalal Kadé-Badra and Elie Badra
978-1-77050-178-2
176 pages
8.5" x 9.5"
paperback with flaps
\$29.95



Basic Japanese Cooking
by Jody Vassallo
978-1-55285-971-1
160 pages
7" x 11.13"
paperback with flaps
\$24.95



Yoshoku
by Jane Lawson
978-1-55285-642-0
192 pages
8" x 10"
paperback with flaps
\$24.95
available only in Canada



Sushi
by Vicki Liley
978-1-55285-741-0
160 pages
9.5" x 9.5"
paperback with flaps
\$24.95



The Great Sushi and Sashimi Cookbook
by Masakazu Hori and Kazu Takahashi
978-1-55285-542-3
128 pages
9.5" x 9"
paperback with flaps
\$19.95



France
A Journey for Food Lovers
978-1-77050-093-8
296 pages
9" x 11.75"
paperback with flaps
\$32.95



India
A Journey for Food Lovers
978-1-77050-090-7
296 pages
9" x 11.75"
paperback with flaps
\$32.95



Italy
A Journey for Food Lovers
978-1-77050-091-4
296 pages
9" x 11.75"
paperback with flaps
\$32.95



Thailand
A Journey for Food Lovers
978-1-77050-092-1
296 pages
9" x 11.75"
paperback
\$32.95

CHEFS



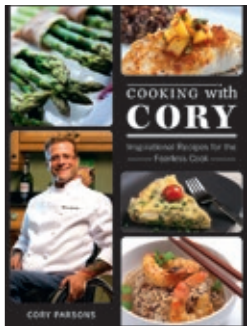
Ricardo
Meals for Every Occasion
by *Ricardo Larrivé*
978-1-55285-964-3
272 pages
9" x 10.75"
paperback with flaps
\$35.00



The Passionate Cook
The Very Best of
Karen Barnaby
by *Karen Barnaby*
978-1-55285-525-6
316 pages
8" x 9"
paperback
\$24.95



Pure Food
How to Shop, Cook and Have Fun in
your Kitchen Every Day
by *Christine Cushing*
978-1-55285-901-8
192 pages
8.25" x 10"
paperback with flaps
\$29.95



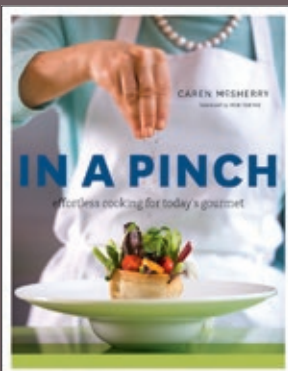
Cooking With Cory
Inspirational Recipes for the
Fearless Cook
by *Cory Parsons*
978-1-77050-022-8
192 pages
8.5" x 11"
paperback
\$29.95



Deconstructing the Dish
Inspirations for Modern Day Cuisine
by *David Adjei*
foreword by *Dan Aykroyd*
978-1-55285-897-4
160 pages
8" x 11"
paperback with flaps
\$35.00



Glutton for Pleasure
Signature Recipes, Epic Stories,
and Surreal Etiquette
by *Bob Blumer*
978-1-77050-015-0
272 pages
8.5" x 11"
paperback with flaps
\$29.95



In a Pinch
Effortless Cooking for
Today's Gourmet
by *Caren McSherry*
foreword by *Rob Feenie*
978-1-77050-026-6
208 pages
8.25" x 10.5"
paperback with flaps
\$29.95

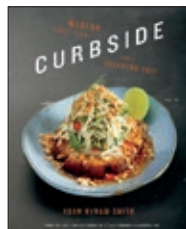


Firehouse Chef
Recipes from Canada's
Firefighters
by *Patrick Mathieu*
978-1-77050-306-9
208 pages
8" x 10"
paperback with flaps
\$34.95

CANADIAN SPECIALTIES



Homegrown
Celebrating the Canadian Foods We Grow, Raise and Produce with 60 Recipes
by Mairlyn Smith, with recipes from the Ontario Home Economics Association
312 pages
978-1-77050-232-1
8" x 10"
\$39.95



Curbside
Modern Street Food from a Vagabond Chef
by Adam Hynam-Smith
978-1-77050-223-9
248 pages
8" x 10"
paperback
\$32.95



Gatherings
by Julie Van Rosendaal and Jan Scott
978-1-77050-226-0
320 pages
8" x 10"
paperback with flaps
\$34.95



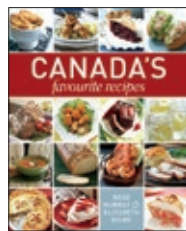
Flavours of Prince Edward Island
A Culinary Journey
by Jeff McCourt, Allan Williams and Austin Clement
photos by James Ingram
978-1-77050-009-9
272 pages
9" x 11.5"
paperback with flaps
\$39.95



STREETEATS™ TORONTO
by Suresh Doss
978-1-77050-185-0
96 pages
5 x 8.5
paperback
\$14.95



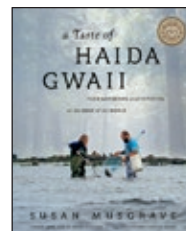
Rose Murray's Canadian Christmas cooking
The Classic Guide to Holiday Feasts
by Rose Murray
978-1-77050-192-8
168 pages
6" x 8"
paperback
\$19.95



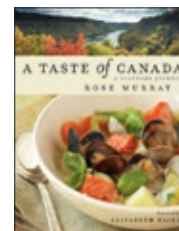
Canada's Favourite Recipes
by Rose Murray and Elizabeth Baird
978-1-77050-098-3
276 pages
8.5" x 10.5"
hardcover
\$40.00



Setting a Fine Table
Historical Desserts and Drinks from the Officers' Kitchens at Fort York
edited by Elizabeth Baird and Bridget Wranych
978-1-77050-194-2
152 pages
6" x 8"
paperback
\$19.95



A Taste of Haida Gwaii
Feasting and Foraging at the Edge of the World
by Susan Musgrave
978-1-77050-216-1
340 pages
8" x 10"
paperback with flaps
\$34.95



A Taste of Canada
A Culinary Journey
by Rose Murray foreword by Elizabeth Baird
978-1-55285-911-7
272 pages
9" x 11.5"
paperback with flaps
\$34.95



British Columbia from Scratch
Recipes for Every Season
by Denise Marchessault and Caroline West
978-1-77050-234-5
320 pages
8.5" x 11"
hardcover
\$40.00



Storm the Kettle
Resetting the Newfoundland Table
by Elaine Feore and Joanne Goudie
978-1-77050-299-4
208 pages
8" x 10"
paperback with flaps
\$29.95

BAKING



Cakes and Loaves
110 Recipes you Can Make at Home
by Ilona Chovancova
978-1-55285-954-4
160 pages
7" x 11.25"
paperback with flaps
\$24.95



Indulge
100 Perfect Desserts
by Claire Clark
foreword by *Thomas Keller*
978-1-55285-909-4
240 pages
8" x 10.25"
hardcover
\$45.00



The Essential Guide to Cake Decorating
edited by Jane Price
978-1-55285-236-1
304 pages
8.5" x 11"
paperback with flaps
\$29.95



The Brownie Lover's Bible
Over 100 Delicious Recipes
by Lisa Slater
978-1-55285-939-1
224 pages
8" x 9"
paperback with flaps
\$24.95



Gems of Gluten-Free Baking
Breads and Irresistible Treats Everyone Can Enjoy
by Wendy Turnbull
978-1-77050-018-1
200 pages
8" x 9"
paperback with flaps
\$29.95



The Baker in Me
by Daphna Rabinovitch
978-1-77050-242-0
488 pages
8" x 10"
hardcover
\$45.00



A Treasury of Jewish Holiday Baking
The 10th Anniversary Edition
by Marcy Goldman
978-1-77050-003-7
416 pages
8" x 10"
paperback
\$29.95



One Smart Cookie
All your Favourite Cookies, Squares, Brownies and Biscotti... with Less Fat!
by Julie Van Rosendaal
978-1-55285-912-4
208 pages
6.5" x 9.5"
paperback
\$24.95



Kitchen
Best of the Best
by Michele Cranston
photos by *Petrina Tinslay*
978-1-55285-629-1
400 pages
9" x 11.5"
paperback with flaps
\$39.95



Creative Cakes
World-Renowned Cake Designer Rosalind Chan Presents 14 Cakes Inspired by her Journeys Around the Globe
by Rosalind Chan
978-1-77050-213-0
192 pages
9" x 11.5"
hardcover
\$29.95



Another Cup of Sugar
More Simple Sweets and Decadent Desserts
by Anna Olson
978-1-55285-809-7
200 pages
8" x 10"
paperback
\$24.95



Back to Baking
200 Timeless Recipes to Bake, Share, and Enjoy
by Anna Olson
978-1-77050-063-1
340 pages
8.5" x 10.5"
hardcover
\$40.00

BOOKS FOR NOVICE COOKS



Kitchen for Kids
100 Amazing Recipes your Children Can Really Make
by *Jennifer Low*
978-1-55285-455-6
144 pages
9" x 10"
paperback
\$24.95



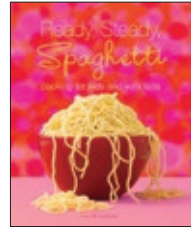
Everyday Kitchen for Kids
100 Amazing Savory and Sweet Recipes Children Can Really Make
by *Jennifer Low*
978-1-77050-066-2
216 pages
9" x 11"
paperback with flaps
\$29.95



Ready, Steady, Bake
Cooking for Kids and with Kids
by *Lucy Broadhurst*
978-1-55285-956-8
192 pages
9" x 11"
paperback with flaps
\$24.95
available only in Canada



Ready, Steady, Lunchbox
Cooking for Kids and with Kids
by *Lucy Broadhurst*
978-1-55285-957-5
192 pages
9" x 11"
paperback with flaps
\$24.95
available only in Canada



Ready, Steady, Spaghetti
Cooking for Kids and with Kids
by *Lucy Broadhurst*
978-1-55285-890-5
192 pages
9" x 11"
paperback with flaps
\$24.95
available only in Canada



The Girls Who Dish!
Seconds Anyone?
by *Karen Barnaby, Margaret Chisholm, Lesley Stowe et. al*
978-1-55110-945-9
224 pages
6.75" x 9.75"
paperback
\$19.95



Cook
You Can Cook Fast, Healthy, Meals for Your Family
by *Deborah Anzinger*
978-1-77050-040-2
288 pages
8.5" x 11
paperback
\$24.95



Starting Out
The Essential Guide to Cooking on your Own
by *Julie Van Rosendaal*
978-1-55285-706-9
344 pages
8" x 9"
paperback
\$24.95

SMOKING MEAT

THE ESSENTIAL GUIDE TO REAL BARBECUE

By Jeff Phillips



Real barbecue taste comes from mastering the art of slow cooking meat at a low temperature for a long time, using wood smoke to add flavour, and this is the book that shows you how! For the first time in print, Jeff Phillips is sharing the information he has compiled on his incredibly popular website, www.smoking-meat.com.

With step-by-step instructions on how to choose, set up, and modify your own charcoal, gas, or electric smoker, Jeff guides you through your smoking session with the patience that is unique to an experienced pitmaster. Once you've chosen your smoker and got the knack of some basic techniques, Jeff encourages you to cut loose and experiment to develop your own smoky sensations. Best of all, you can use your basic backyard grill to give smoking meats a try, then decide whether to invest in a smoker.

Your every smoking question is answered in these detailed sections:

- Types of smokers
- Charcoal, wood, or gas fuel?
- Building and keeping a fire
- Tools and equipment
- Flavouring meat
- The smoking-meat pantry
- Food safety

The ultimate how-to guide for smoking all kinds of meat, from the creator of the highest-ranking website on smoking meat

978-1-77050-038-9

8.25" x 9.5" • 236 pages

paperback, flexbound

80 recipes; colour throughout, including

photographs; index

\$29.95 • Rights: World

OF RELATED INTEREST



Barbecue Secrets Deluxe!

by Rockin' Ronnie Shewchuk

978-1-55285-949-0

400 pages

8.25" x 9.5"

paperback with flaps

\$29.95



Winter Grilling

by Tom Heinzle

978-1-77050-249-9

160 pages

8" x 10"

hardcover

\$29.95

SPECIALTY TITLES



Kitchen Scraps
A Humorous Illustrated
Cookbook
by *Pierre A. Lamielle*
978-1-55285-989-6
208 pages
8.5" x 11"
paperback with flaps
\$29.95



Spilling the Beans
Cooking and Baking
with Beans and Grains
Every Day
by *Julie Van Rosendaal*
and *Sue Duncan*
978-1-77050-041-9
272 pages
8" x 10"
paperback with flaps
\$29.95



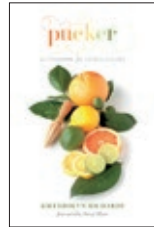
Alice Eats
A Wonderland Cookbook
by *Pierre A. Lamielle*
and *Julie Van Rosendaal*
978-1-77050-191-1
268 pages
8" x 10"
hardcover
\$34.95



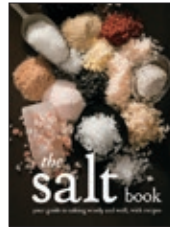
Chocolate
by *Trish Deseine*
photos by *Marie-Pierre Morel*
978-1-55285-833-2
160 pages
7" x 11.13"
paperback with flaps
\$24.95



Well Preserved
Small Batch Preserving
for the New Cook
by *Mary Anne Dragan*
978-1-55285-988-9
288 pages
8" x 9"
paperback with flaps
\$24.95



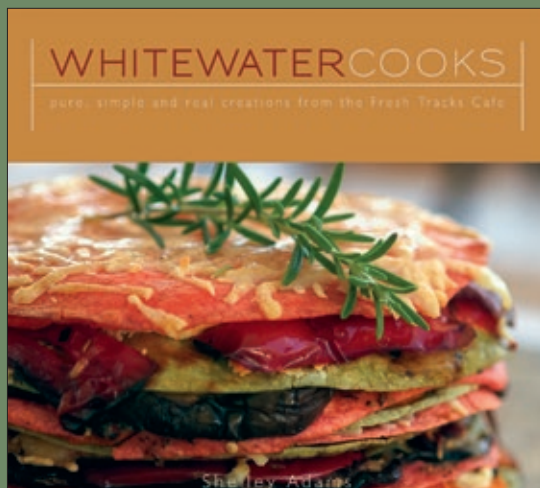
Pucker
A Cookbook for Citrus
Lovers
by *Gwendolyn Richards*
foreword by *Anna Olson*
978-1-77050-227-7
224 pages
7" x 10.5"
paperback with flaps
\$29.95



The Salt Book
Your Guide to Salting Wisely and
Well, with Recipes
by *Fritz Gubler and David Glynn*
with *Dr. Russel Keast*
978-1-77050-176-8
208 pages
9.5" x 7.25"
paperback with flaps
\$29.95



Salt & Pepper
by *Jody Vassallo*
photos by *Deirdre Rooney*
978-1-55285-816-5
160 pages
7" x 11.13"
paperback with flaps
\$24.95



WHITWATER COOKS
Pure, Simple and Real
Creations from the Fresh
Tracks Cafe
by *Shelley Adams*
978-1-55285-871-4
132 pages
10" x 9"
paperback
\$29.95

BEER, WINE & SPIRITS



Recipes from Wine Country

by *Tony de Luca*
978-1-55285-605-5
320 pages
8.25" x 10.5"
paperback
\$39.95



Simply in Season

12 months of Wine Country Cooking
by *Tony de Luca*
978-1-55285-951-3
288 pages
8.25" x 10.5"
paperback with flaps
\$39.95



The Canadian Craft Beer Cookbook

by *David Ort*
978-1-77050-193-5
8" x 9.5"
208 pages
paperback with flaps
\$29.95



Ontario Wine Country

by *Rod Phillips*
photos by *Lorraine Parow*
978-1-55285-649-9
192 pages
8.5" x 11"
paperback with flaps
\$29.95



Crush on Niagara

The Definitive Wine Tour Guide for Niagara, Lake Erie, North Shore, Pelee Island and Prince Edward County
by *Andrew Brooks*
978-1-55285-980-3
240 pages
5" x 8.5"
paperback with flaps
\$19.95



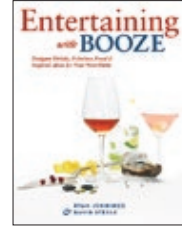
The Whisky Cabinet

Your Guide to Enjoying the Most Delicious Whiskies in the World
by *Mark Bylok*
978-1-77050-237-6
208 pages
8" x 9.5"
paperback with flaps
\$24.95



Recipes from Wine Country

by *Tony de Luca*
978-1-55285-605-5
320 pages
8.25" x 10.5"
paperback
\$39.95



Entertaining With Booze

Designer Drinks, Fabulous Food and Inspired Ideas for Your Next Party
by *Ryan Jennings and David Steele*
978-1-55285-930-8
256 pages
8.5" x 10.5"
paperback with flaps
\$29.95
available only in Canada



The 500 Best-Value Wines in the LCBO

The Definitive Guide to the Best Wine Deals in the Liquor Control Board of Ontario, 2017
by *Rod Phillips*
978-1-77050-315-1
264 pages
5" x 8.5"
paperback
\$19.95



British Columbia Wine Country

by *John Schreiner*
photos by *Kevin Miller*
978-1-55285-803-5
224 pages
8.5" x 11"
paperback
\$32.95



John Schreiner's BC Coastal Wine Tour Guide

The Wineries of the Fraser Valley, Vancouver, Vancouver Island, and the Gulf Islands
by *John Schreiner*
978-1-77050-042-6
224 pages
5" x 8.5"
paperback with flaps
\$19.95



John Schreiner's Okanagan Wine Tour Guide

The Wineries of British Columbia's Interior
5th Edition
by *John Schreiner*
978-1-77050-230-7
360 pages
5" x 8.5"
paperback with flaps
\$19.95



The Wineries of British Columbia

by *John Schreiner*
978-1-55285-983-4
496 pages
6.5" x 9.75"
paperback
\$29.95



HALF FOR YOU AND HALF FOR ME
Best-Loved Nursery Rhymes and the
Stories Behind Them

by Katherine Govier
illustrated by Sarah Clement
978-1-77050-212-3

176 pages
9" x 9"
Ages 4+
hardcover
\$22.95



THE CANADIAN CRAFT BEER
COOKBOOK

by David Ort
978-1-77050-193-5

8" x 9.5"
208 pages
paperback with flaps
\$29.95

GARDENING



Living Things We Love to Hate
Facts, Fantasies and Fallacies
by Des Kennedy
978-1-77050-206-2
248 pages
6" x 9"
paperback
\$19.95



Crazy About Gardening
Humorous Reflections on
the Sweet Seductions of a
Garden
by Des Kennedy
978-1-77050-204-8
288 pages
5.25" x 8.25"
paperback with flaps
\$18.95

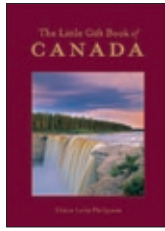


**The Garden Club and the
Kumquat Campaign**
A Novel
by Des Kennedy
978-1-77050-205-5
217 pages
5" x 8.5"
paperback
\$18.95

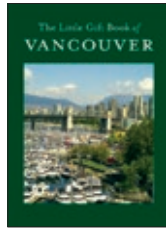


**Wildflowers of the Rocky
Mountains**
The Definitive Guide to Over
360 Species of Flowering
Plants
by George W. Scotter
photos by Hålle Flygare
978-1-55285-848-6
256 pages
5.75" x 8.75"
paperback
\$29.95

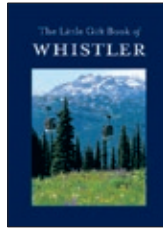
GIFT BOOKS



The Little Gift Book of Canada
 by *Claire Leila Philipson*
 978-1-55285-944-5
 96 pages
 5" x 7"
 hardcover
 \$14.95



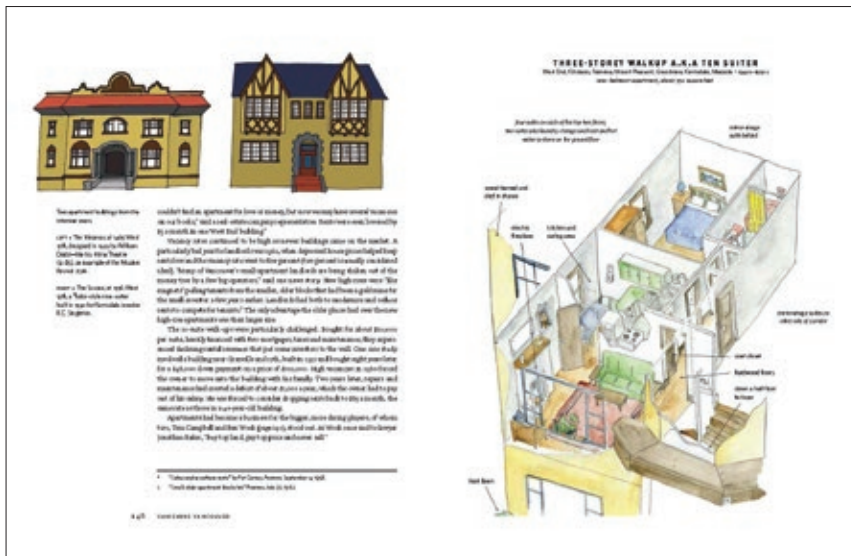
The Little Gift Book of Vancouver
 978-1-55285-990-2
 96 pages
 5" x 7"
 hardcover
 \$14.95



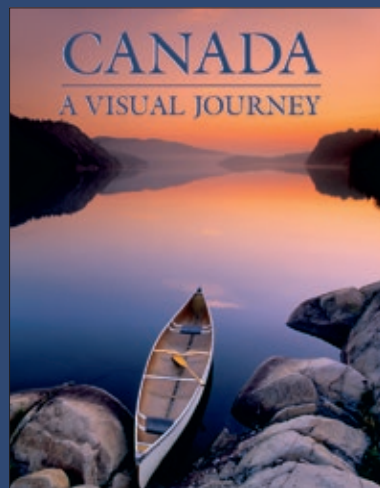
The Little Gift Book of Whistler
 978-1-55285-991-9
 96 pages
 5" x 7"
 hardcover
 \$14.95



Vancouver Remembered
 by *Michael Kluckner*
 978-1-55285-811-0
 240 pages • 8.75" x 11.25"
 hardcover
 \$50.00
 978-1-77050-058-7
 240 pages • 8.5" x 11"
 paperback with flaps
 \$35.00

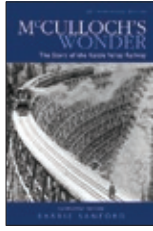


Vanishing Vancouver
 The Last 25 years
 by *Michael Kluckner*
 978-1-77050-067-9
 224 pages
 8.5" x 11"
 paperback with flaps
 \$35.00



CANADA
 A Visual Journey
 by *Tanya Lloyd Kyi*
 978-1-55285-759-5
 252 pages
 10.5" x 13.75"
 hardcover
 \$39.95

HISTORY BOOKS



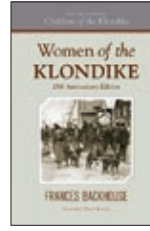
McCulloch's Wonder
The Story of the Kettle Valley Railway
by *Barrie Sanford*
978-1-55285-402-0
336 pages
6" x 9"
paperback
\$19.95



Steel Rails and Iron Men
A Pictorial History of the Kettle Valley Railway
by *Barrie Sanford*
978-1-55285-452-5
176 pages
8.5" x 11"
paperback
\$29.95



Children of the Klondike
by *Frances Backhouse*
foreword by *Ted Harrison*
978-1-55285-950-6
264 pages
6" x 9"
paperback
\$19.95



Women of the Klondike
15th Anniversary Edition
by *Frances Backhouse*
foreword by *Pierre Berton*
978-1-77050-017-4
240 pages
6" x 9"
paperback
\$19.95



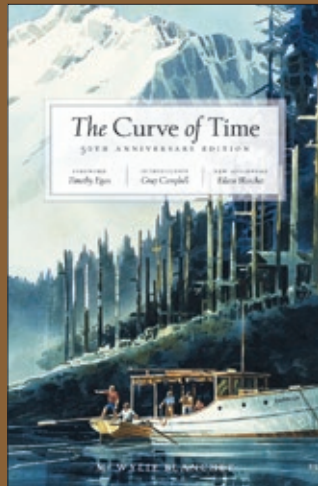
Vancouver's Glory Years
by *Heather Conn and Henry Ewert*
foreword by *Mayor Larry Campbell*
978-1-55285-517-1
224 pages
8.5" x 11"
hardcover
\$45.00
available only in Canada



A Traveller's Guide to Historic British Columbia
by *Rosemary Neering*
978-1-55285-987-2
368 pages
6" x 9"
paperback
\$24.95



Wild West Women
by *Rosemary Neering*
978-1-55285-013-8
256 pages
5.5" x 8.5"
paperback
\$18.95



THE CURVE OF TIME
50th Anniversary Edition
by *M. Wylie Blanchet*
foreword by *Timothy Egan*
introduction by *Gray Campbell*,
afterword by *Eileen Blanchet*
978-1-77050-037-2
208 pages
6" x 9"
hardcover
\$24.95

PICTORIAL CANADA SERIES



Toronto
by Tanya Lloyd Kyi
978-1-55110-526-0
96 pages
10.25" x 10.25"
hardcover
\$19.95



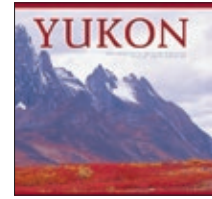
Vancouver
by Tanya Lloyd Kyi
978-1-55110-528-4
96 pages
10.25" x 10.25"
hardcover
\$19.95



Vancouver
A Visual Portrait
by Claire Leila Philipson
978-1-55285-926-1
160 pages
10.25" x 13.75"
hardcover
\$39.95



Whistler
by Tanya Lloyd Kyi
978-1-55110-857-5
96 pages
10.25" x 10.25"
hardcover
\$19.95



Yukon
by Tanya Lloyd Kyi
978-1-55285-181-4
96 pages
10.25" x 10.25"
hardcover
\$19.95

978-1-55285-592-8
96 pages • 8" x 8"
paperback
\$12.95

978-1-55285-785-4
96 pages • 8" x 8"
paperback
\$12.95



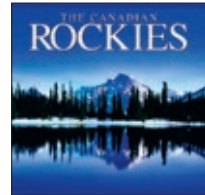
British Columbia
by Tanya Lloyd Kyi
978-1-55110-521-5
96 pages
10.25" x 10.25"
hardcover
\$19.95



Calgary
by Tanya Lloyd Kyi
978-1-55285-018-3
96 pages
10.25" x 10.25"
hardcover
\$19.95



Canada
by Tanya Lloyd Kyi
978-1-55110-524-6
96 pages
10.25" x 10.25"
hardcover
\$19.95



The Canadian Rockies
by Tanya Lloyd Kyi
978-1-55110-930-5
96 pages • 10.25" x 10.25"
hardcover
\$19.95

978-1-55285-593-5
96 pages • 8" x 8"
paperback
\$12.95

978-1-55285-595-9
96 pages • 8" x 8"
paperback
\$12.95

978-1-55285-794-6
96 pages • 8" x 8"
paperback
\$12.95



Grouse Mountain
by Chris Dagenais
978-1-55285-861-5
96 pages
10.25" x 10.25"
hardcover
\$19.95



Nova Scotia
by Tanya Lloyd Kyi
978-1-55285-796-0
96 pages
8" x 8"
paperback
\$12.95

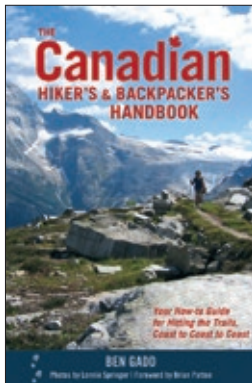


The Okanagan
978-1-77050-231-4
96 pages
10.25" x 10.25"
hardcover
\$19.95

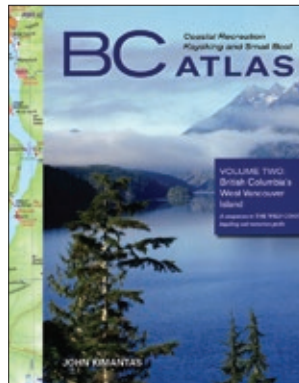


Saskatchewan
by Tanya Lloyd Kyi
978-1-55285-078-7
96 pages
10.25" x 10.25"
hardcover
\$19.95

TRAVEL & RECREATION



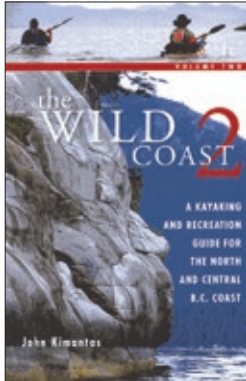
The Canadian Hiker's and Backpacker's Handbook
 by *Ben Gadd*
 foreword by *Brian Patton*
 photos by *Lonnie Springer*
 978-1-55285-917-9
 400 pages
 6" x 9"
 paperback
 \$29.95



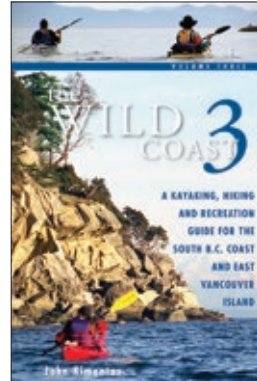
BC Coastal Kayaking Atlas Vol. 2
 British Columbia's West Vancouver Island
 by *John Kimantas*
 978-1-55285-865-3
 48 pages
 11" x 14"
 concealed wirebound
 paperback
 \$40.00



Wild Places Vancouver Island
 by *John Kimantas*
 978-1-77050-312-0
 370 pages
 6" x 9"
 paperback
 \$29.95



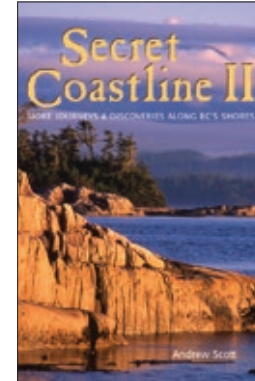
The Wild Coast Vol. 2
 A Kayaking, Hiking and Recreation Guide for the North and Central B.C. Coast
 by *John Kimantas*
 978-1-55285-786-1
 344 pages
 6" x 9"
 paperback
 \$29.95



The Wild Coast Vol. 3
 A Kayaking, Hiking and Recreation Guide for the South B.C. Coast and East Vancouver Island
 by *John Kimantas*
 978-1-55285-842-4
 344 pages
 6" x 9"
 paperback
 \$34.95

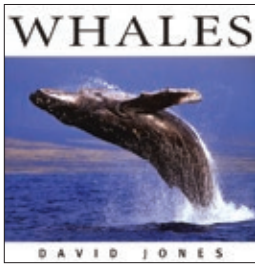


Trans Canada Trail: British Columbia
 by *Bruce Obee*
 978-1-55285-928-5
 372 pages
 5.25" x 8.25"
 paperback
 \$29.95



Secret Coastline II
 More Journeys and Discoveries Along BC's Coast
 by *Andrew Scott*
 978-1-55285-662-8
 224 pages
 5.5" x 8.5"
 paperback
 \$22.95
 available only in Canada

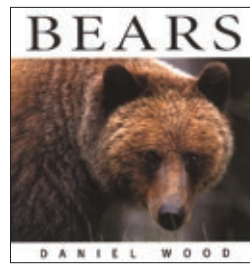
WILDLIFE BOOKS



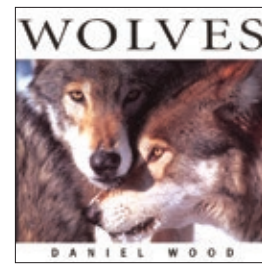
Whales
by David Jones
978-1-55285-665-9
112 pages
8" x 8"
hardcover
\$16.95



North American Wildlife
by David Jones
978-1-55285-764-9
304 pages
10" x 13.5"
paperback
\$29.95



Bears
by Daniel Wood
978-1-55285-663-5
112 pages
8" x 8"
hardcover
\$16.95

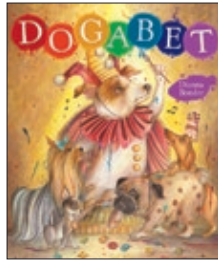


Wolves
by Daniel Wood
978-1-55285-664-2
112 pages
8" x 8"
hardcover
\$16.95

ALPHABET BOOKS

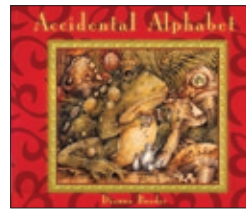


A, B, SEA
A Deep Sea Symphony
by Dianna Bonder
978-1-77050-043-3
32 pages
9.5" x 11"
Ages 4+
hardcover
\$19.95

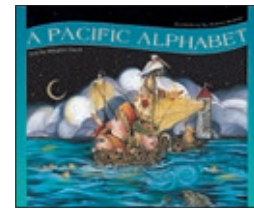


Dogabet
by Dianna Bonder
978-1-55285-797-7
32 pages • 9.5" x 11.25"
Ages 4 to 7
hardcover
\$19.95

978-1-55285-940-7
32 pages • 9.25" x 11.25"
paperback
\$8.95



Accidental Alphabet
by Dianna Bonder
978-1-55285-596-6
32 pages
11" x 9.13"
Ages 4 to 7
paperback
\$9.95



A Pacific Alphabet
by Margriet Ruurs illustrated by Dianna Bonder
978-1-55285-264-4
32 pages • 11" x 9.13"
Ages 4 to 7 • hardcover
\$19.95

978-1-55285-521-8
32 pages • 11" x 9.13"
paperback
\$9.95

THE DOT TO DOT IN THE SKY SERIES



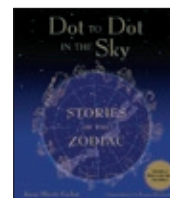
Stories of the Aurora
by Joan Marie Galat
illustrated by Lorna Bennett
978-1-77050-210-9
68 pages
8" x 9"
Ages 7 to 11
paperback
\$16.95



Stories of the Moon
by Joan Marie Galat
illustrated by Lorna Bennett
978-1-55285-610-9
64 pages
8" x 9"
Ages 7 to 11
paperback
\$16.95



Stories in the Stars
by Joan Marie Galat
illustrated by Chao Yu
and Lorna Bennett
978-1-55285-182-1
64 pages
8" x 9"
Ages 7 to 11
paperback
\$16.95



Stories of the Zodiac
by Joan Marie Galat
illustrated by Lorna Bennett
978-1-55285-805-9
64 pages
8" x 9"
Ages 7 to 11
paperback
\$16.95

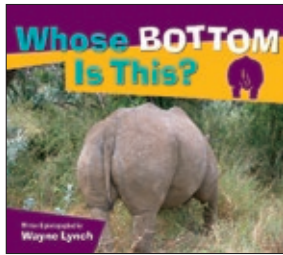


Stories of the Planets
by Joan Marie Galat
illustrated by Lorna Bennett
978-1-55285-392-4
64 pages
8" x 9"
Ages 7 to 11
paperback
\$16.95

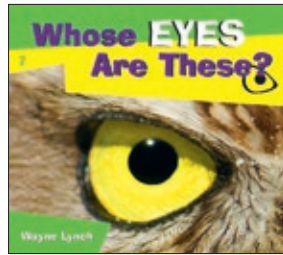
WHOSE . . . IS THIS SERIES



Whose Baby Is This?
by Wayne Lynch
978-1-55285-064-0
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95



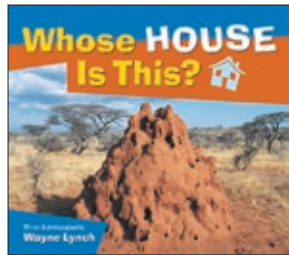
Whose Bottom Is This?
by Wayne Lynch
978-1-55285-073-2
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95



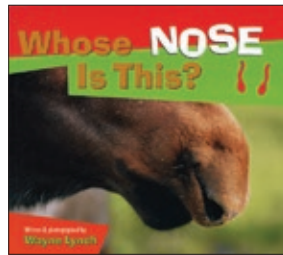
Whose Eyes Are These?
by Wayne Lynch
978-1-55285-992-6
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95



Whose Feet Are These?
by Wayne Lynch
978-1-55110-860-5
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95



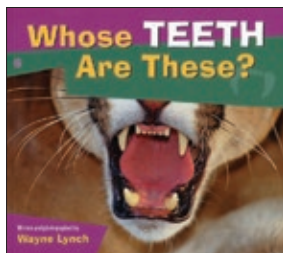
Whose House Is This?
by Wayne Lynch
978-1-55110-861-2
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95



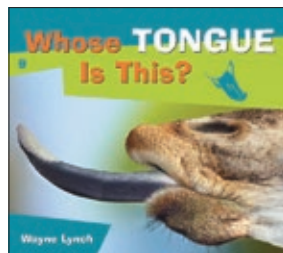
Whose Nose Is This?
by Wayne Lynch
978-1-55285-174-6
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95



Whose tail is this?
by Wayne Lynch
978-1-77050-008-2
32 pages
9" x 8"
Ages 4 to 7
paperback
\$6.95

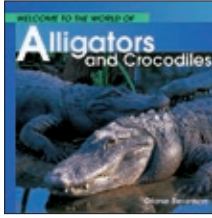


Whose Teeth Are These?
by Wayne Lynch
978-1-55285-204-0
32 pages
9" x 8"
Ages 4 to 7
paperback
\$8.95

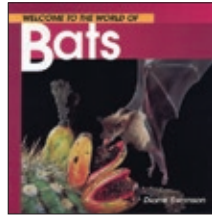


Whose Tongue is this?
by Wayne Lynch
978-1-77050-035-8
32 pages
9" x 8"
Ages 4 to 7
paperback
\$6.95

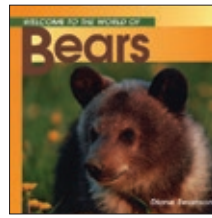
WELCOME TO THE WORLD SERIES



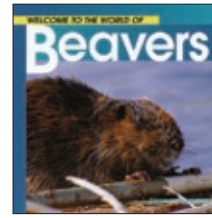
Welcome to the World of Alligators and Crocodiles
by Diane Swanson
 978-1-55285-355-9
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Bats
by Diane Swanson
 978-1-55110-784-4
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Bears
by Diane Swanson
 978-1-55110-519-2
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



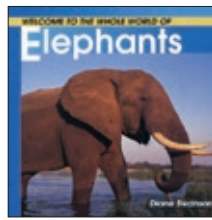
Welcome to the World of Beavers
by Diane Swanson
 978-1-55110-853-7
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Coyotes
by Diane Swanson
 978-1-55285-258-3
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



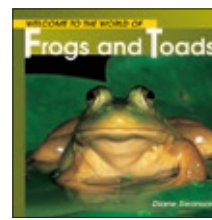
Welcome to the World of Eagles
by Diane Swanson
 978-1-55110-706-6
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Elephants
by Diane Swanson
 978-1-55285-451-8
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Foxes
by Diane Swanson
 978-1-55110-705-9
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



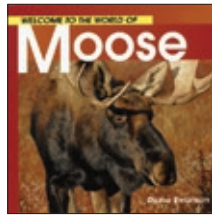
Welcome to the World of Frogs and Toads
by Diane Swanson
 978-1-55285-354-2
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Hummingbirds
by Diane Swanson
 978-1-55285-318-3
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Kangaroos
by Diane Swanson
 978-1-55285-471-6
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



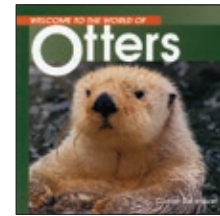
Welcome to the World of Moose
by Diane Swanson
 978-1-55110-854-4
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Octopuses
by Diane Swanson
 978-1-55285-023-7
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Orangutans
by Diane Swanson
 978-1-55285-472-3
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Otters
by Diane Swanson
 978-1-55110-520-8
 32 pages
 8" x 8"
 Ages 4 to 7
 paperback
 \$6.95



Welcome to the World of Owls

by Diane Swanson
978-1-55110-614-4
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



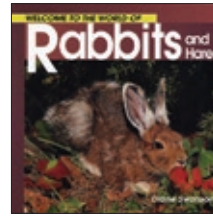
Welcome to the World of Penguins

by Diane Swanson
978-1-55285-450-1
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Porcupines

by Diane Swanson
978-1-55110-856-8
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Rabbits and Hares

by Diane Swanson
978-1-55285-024-4
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Raccoons

by Diane Swanson
978-1-55110-782-0
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Sharks

by Diane Swanson
978-1-55285-170-8
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Skunks

by Diane Swanson
978-1-55110-855-1
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Snakes

by Diane Swanson
978-1-55285-171-5
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



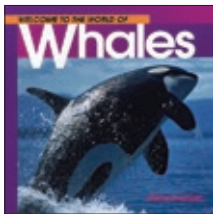
Welcome to the World of Spirit Bears

by Diane Swanson
978-1-55285-847-9
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Squirrels

by Diane Swanson
978-1-55285-259-0
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



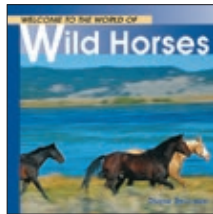
Welcome to the World of Whales

by Diane Swanson
978-1-55110-490-4
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Wild Cats

by Diane Swanson
978-1-55110-615-1
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Wild Horses

by Diane Swanson
978-1-55285-320-7
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Wolverines

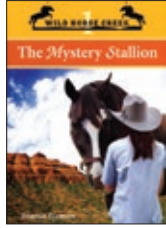
by Diane Swanson
978-1-55285-840-0
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95



Welcome to the World of Wolves

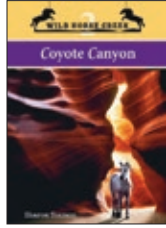
by Diane Swanson
978-1-55110-491-1
32 pages
8" x 8"
Ages 4 to 7
paperback
\$6.95

WILD HORSE CREEK SERIES



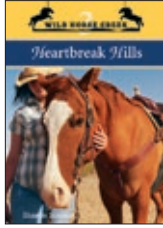
Wild Horse Creek 1 THE MYSTERY STALLION

by Sharon Siamon
978-1-55285-933-9
144 pages
5.25" x 7.25"
Ages 8 to 12
paperback
\$8.95



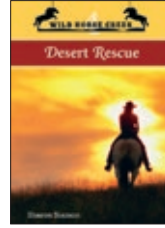
Wild Horse Creek 2 COYOTE CANYON

by Sharon Siamon
978-1-55285-934-6
144 pages
5.25" x 7.25"
Ages 8 to 12
paperback
\$8.95



Wild Horse Creek 3 HEARTBREAK HILLS

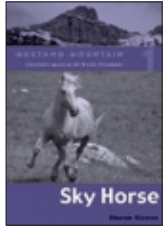
by Sharon Siamon
978-1-55285-998-8
144 pages
5.25" x 7.25"
Ages 8 to 12
paperback
\$8.95



Wild Horse Creek 4 DESERT RESCUE

by Sharon Siamon
978-1-77050-025-9
144 pages
5.25" x 7.25"
Ages 8 to 12
paperback
\$8.95

MUSTANG MOUNTAIN SERIES



Mustang Mountain 1 SKY HORSE

by Sharon Siamon
978-1-55285-456-3
144 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Mustang Mountain 2 FIRE HORSE

by Sharon Siamon
978-1-55285-457-0
144 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Mustang Mountain 3 NIGHT HORSE

by Sharon Siamon
978-1-55285-363-4
128 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



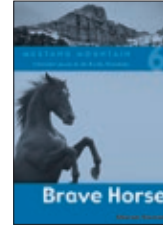
Mustang Mountain 4 WILD HORSE

by Sharon Siamon
978-1-55285-413-6
144 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



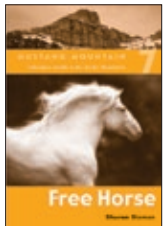
Mustang Mountain 5 RODEO HORSE

by Sharon Siamon
978-1-55285-467-9
160 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Mustang Mountain 6 BRAVE HORSE

by Sharon Siamon
978-1-55285-528-7
192 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



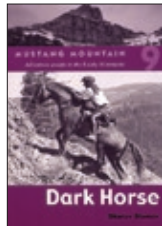
Mustang Mountain 7 FREE HORSE

by Sharon Siamon
978-1-55285-608-6
192 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Mustang Mountain 8 SWIFT HORSE

by Sharon Siamon
978-1-55285-659-8
176 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Mustang Mountain 9 DARK HORSE

by Sharon Siamon
978-1-55285-720-5
160 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Mustang Mountain 10 STONE HORSE

by Sharon Siamon
978-1-55285-798-4
208 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95



Saddle Island Series SECRETS IN THE SAND

by Sharon Siamon
978-1-55285-714-4
208 pages
5.25" x 7.5"
Ages 8 to 12
paperback
\$8.95

HORSE MAD SERIES



**Horse Mad 1
TOTALLY HORSE
MAD**

by Kathy Helidoniotis
978-1-55285-952-0
240 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95



**Horse Mad 2
HORSE MAD
SUMMER**

by Kathy Helidoniotis
978-1-55285-953-7
224 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95



**Horse Mad 3
HORSE MAD
ACADEMY**

by Kathy Helidoniotis
978-1-55285-959-9
256 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95



**Horse Mad 4
HORSE MAD
HEROES**

by Kathy Helidoniotis
978-1-55285-960-5
272 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95



**Horse Mad 5
HORSE MAD
WESTERN**

by Kathy Helidoniotis
978-1-55285-996-4
224 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95



**Horse Mad 6
HORSE MAD
HEIGHTS**

by Kathy Helidoniotis
978-1-55285-997-1
336 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95



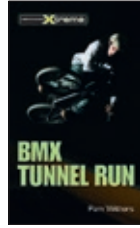
**Horse Mad 7
HORSE MAD
WHISPERS**

by Kathy Helidoniotis
978-1-77050-029-7
256 pages
5" x 7.75"
Ages 8 to 12
paperback
\$8.95

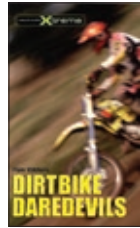
TAKE IT TO THE XTREME SERIES



Adrenalin Ride
by Pam Withers
978-1-55285-604-8
200 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



BMX Tunnel Run
by Pam Withers
978-1-55285-904-9
192 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Dirtbike Daredevils
by Pam Withers
978-1-55285-804-2
258 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Mountainboard Maniacs
by Pam Withers
978-1-55285-915-5
224 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Peak Survival
by Pam Withers
978-1-55285-530-0
176 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Skater Stuntboys
by Pam Withers
978-1-55285-647-5
200 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Surf Zone
by Pam Withers
978-1-55285-718-2
160 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Vertical Limits
by Pam Withers
978-1-55285-783-0
240 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95



Wake's Edge
by Pam Withers
978-1-55285-856-1
200 pages
4.25" x 7"
Ages 12 to 15
paperback
\$8.95

OTHER JUVENILE BOOKS

DIANE HAYNES



Crow Medicine
by Diane Haynes
978-1-55285-806-6
284 pages
4.25" x 7"
Ages 12 to 16
paperback
\$8.95



Gaia Wild
by Diane Haynes
978-1-55285-936-0
292 pages
4.25" x 7"
Ages 12 to 16
paperback
\$8.95

LANYA LLOYD KYI'S KIDS WHO ROCK SERIES



Canadian Boys Who Rocked the World
by Tanya Lloyd Kyi
978-1-55285-799-1
128 pages
6" x 9"
Ages 8 to 12
paperback
\$12.95



Canadian Girls Who Rocked the World
by Tanya Lloyd Kyi
978-1-55285-986-5
160 pages
6" x 9"
Ages 8 to 12
paperback
\$12.95

PAUL OWEN LEWIS

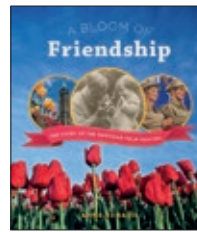


Frog Girl
by Paul Owen Lewis
978-1-55285-193-7
32 pages
7.75" x 10.63"
Ages 5 to 10
paperback
\$9.95
available only in Canada

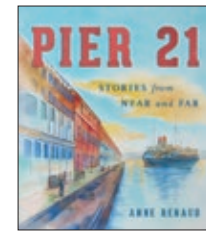


Storm Boy
by Paul Owen Lewis
978-1-55285-268-2
32 pages
7.75" x 10.63"
Ages 5 to 10
paperback
\$9.95
available only in Canada

ANNE RENAUD



A Bloom of Friendship
The Story of the Canadian Tulip Festival
by Anne Renaud
978-1-77050-215-4
32 pages
8" x 9"
Ages 9 to 12
paperback
\$9.95

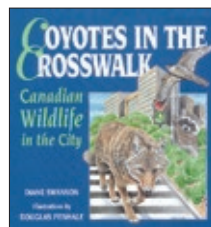


Pier 21
Stories from Near and Far
by Anne Renaud
978-1-77050-294-9
48 pages
9" x 10.5"
Ages 9 to 12
paperback
\$12.95

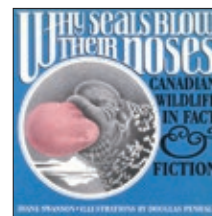
DIANE SWANSON



Animals Eat the Weirdest Things
by Diane Swanson
illustrated by Terry Smith
978-1-55110-809-4
64 pages
9" x 8"
Ages 8 to 12
paperback
\$14.95



Coyotes in the Crosswalk
by Diane Swanson
illustrated by Douglas Penhale
978-1-55110-140-8
72 pages
10.25" x 10.25"
Ages 8 to 12
paperback
\$12.95



Why Seals Blow Their Noses
Canadian Wildlife in fact and fiction
by Diane Swanson
illustrated by Douglas Penhale
978-1-77050-250-5
80 pages
10.25" x 10.25"
paperback
\$12.95

WHITECAP BOOKS AND FITZHENRY & WHITESIDE CONTACT INFORMATION

SALES REPRESENTATIVES

Jeff Wallace
British Columbia, Alberta, NWT,
Yukon, Nunavut
(778) 434-2510, jeff.wallace@fitzhenry.ca

Rorie Bruce
Manitoba, Saskatchewan,
Far Northern Ontario
(204) 781-1761, rorbruce@mymts.net

Tracey Dettman
Ontario, Library Wholesalers, Chains
(905) 477-9700 ext. 214, tdettman@fitzhenry.ca

Holly Doll
Quebec, Northern Ontario
(905) 477-9700 ext. 207, hdoll@fitzhenry.ca

Susan Rank
Atlantic Canada
(902) 679-9718, srank@live.ca

ORDERING INFORMATION

Fitzhenry & Whiteside
195 Allstate Parkway
Markham, Ontario L3R 4T8
T. 1-800-387-9776 • 905-477-9700
F. 1-800-260-9777 • 905-477-2834
Email: godwit@fitzhenry.ca
www.fitzhenry.ca

WHITECAP BOOKS

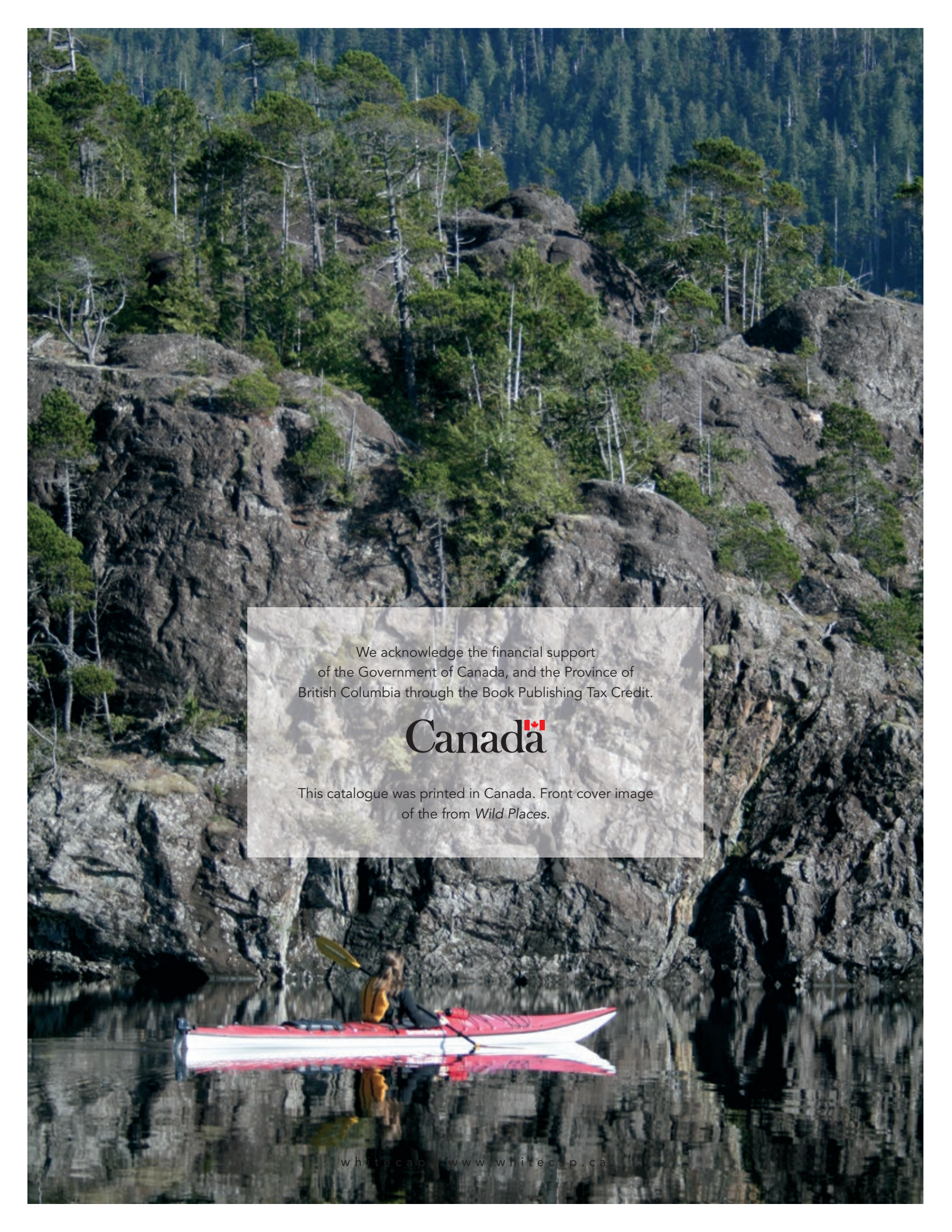
Nick Rundall
Publisher
905.477.9700 ext. 244, nickr@whitecap.ca

CONTACT INFORMATION

Judy Ghoura
Customer Service Manager
(905) 477-9700 ext. 225, jghoura@fitzhenry.ca

Winston Stilwell
Publicist, Children's Books
(905) 477-9700 ext. 258, winston@fitzhenry.ca

Collette LaRue
Accounts Receivable/Payable
(905) 477-9700 ext. 203, collette@fitzhenry.ca



We acknowledge the financial support
of the Government of Canada, and the Province of
British Columbia through the Book Publishing Tax Credit.

Canada

This catalogue was printed in Canada. Front cover image
of the from *Wild Places*.